



# Southwest Seventh

DEPARTMENT OF TRANSPORTATION HEADQUARTERS BUILDINGS

No. 100

January 1, 1974



## ENERGY CONSERVATION MEASURES

DOT employees have been most cooperative in our efforts to reduce energy consumption in DOT buildings. Lighting and heating reductions and the voluntary actions of DOT personnel in cutting wastage have all added up to considerable savings. There have been few complaints despite the chilly weather. DOT employees are to be congratulated.

## CAUTION!!!

Pedestrians and drivers are reminded that the wooden planking, used so extensively in our office neighborhood during the METRO construction, is extremely slippery when wet. There have been several falls and much skidding and wheel spinning. So watch your step and watch your driving. No one can protect you as well as you can!

## CLOTHING FOR KIDS DRIVE

The DOT 1973 "Clothing for Kids Drive" is now officially over and the results have been more than gratifying. DOT employees contributed a total of 293 bags of clothing which will be distributed to needy youngsters in the Washington metropolitan area. To all who participated in this humanitarian effort, "Thank you!"



## SOME FACTS ABOUT THE DOT BLOOD DONOR PROGRAM

The DOT Blood Donor Program is part of the Washington Regional Red Cross Blood Program. When you donate through the DOT Donor Program (through any of its component administrations) you, and certain members of your family, are entitled to blood for one year following the date of donation. No limitations are placed on the quantity to be supplied nor are there any exclusion clauses. One Pint of blood donated by you covers your total blood needs for one year. Coverage includes your spouse, your children under 18, your parents and parents-in-law, your grandparents and grandparents-in-law, and any relatives living in your domicile who are economically dependent on you.

If you, or a member of your family as defined above, are admitted to a local independent or out-of-region hospital and there is any indication that blood will be needed as part of the treatment, be sure to make this known to your Blood Donor Recruiter. The Recruiter, in turn, should immediately request blood coverage through the Blood Donor Recruitment Office, District of Columbia Chapter, American Red Cross (857-3767).

Listed below are some local independent hospitals that operate their own Blood Bank but accept blood replacements from participants of the Washington Regional Red Cross Program:

Alexandria Hospital	Holy Cross Hospital
Arlington Hospital	Jefferson Memorial Hospital
Circle Terrace Hospital	Sibly Memorial Hospital
Doctors Hospital	Suburban Hospital
Fairfax Hospital	Washington Hospital Center

You will have several opportunities to donate this coming year. Bloodmobile visits have been scheduled as follows:

### DOT HEADQUARTERS BUILDING

<u>DATE</u>	<u>NUMBER OF DONORS NEEDED</u>
February 5, 1974	180
May 23, 1974	180

### FOB-10A

<u>DATE</u>	<u>NUMBER OF DONORS NEEDED</u>
April 5, 1974	90

### BUZZARD POINT BUILDING

<u>DATE</u>	<u>NUMBER OF DONORS NEEDED</u>
February 11, 1974	90
April 23, 1974	90



# FOB-10A BUS STOP CHANGE

With the coming of the cold weather, for the comfort of the bus passengers, the shuttle bus stop is relocated to C Street at the rear entrance to FOB-10A, effective January 2, 1974. This will allow passengers to wait indoors until the bus arrives, thereby reducing passenger discomfort.

## DOT SHUTTLE BUS SERVICE

<u>Leave 1</u> <u>FOB-10A</u>	<u>Leave 2</u> <u>HQ Bldg.</u>	<u>Leave 3</u> <u>EPA Bldg</u>	<u>Arrive 4</u> <u>Bz. Pt.</u>	<u>Leave 5</u> <u>Bz. Pt.</u>	<u>Leave 6</u> <u>EPA Bldg</u>	<u>Leave 7</u> <u>HQ Bldg.</u>	<u>Arrive 8</u> <u>FOB-10A</u>
7:00 a.m.	7:06	7:08	7:13	7:00	7:05	7:07	7:13
7:15	7:21	7:23	7:28	7:15	7:20	7:22	7:28
7:30	7:36	7:38	7:43	7:30	7:35	7:37	7:43
7:45	7:51	7:53	7:58	7:45	7:50	7:52	7:58
8:00	8:06	8:08	8:13	8:00	8:05	8:07	8:13
8:15	8:21	8:23	8:28	8:15	8:20	8:22	8:28
8:30	8:36	8:38	8:43	8:30	8:35	8:37	8:43
8:45	8:51	8:53	8:58	8:45	8:50	8:52	8:58
9:00	9:06	9:08	9:13	9:00	9:05	9:07	9:13
9:15	9:21	9:23	9:28	9:15	9:20	9:22	9:28
9:45	9:51	9:53	9:58	9:30	9:35	9:37	9:43
10:15	10:21	10:23	10:28	10:00	10:05	10:07	10:13
10:45	10:51	10:53	10:58	10:30	10:35	10:37	10:43
11:15	11:21	11:23	11:28	11:00	11:05	11:07	11:13
11:45	11:51	11:53	11:58	11:30	11:35	11:37	11:43
12:15 p.m.	12:21	12:23	12:28	12:00	12:05	12:07	12:13
12:45	12:51	12:53	12:58	12:30	12:35	12:37	12:43
1:15	1:21	1:23	1:28	1:00	1:05	1:07	1:13
1:45	1:51	1:53	1:58	1:30	1:35	1:37	1:43
2:15	2:21	2:23	2:28	2:00	2:05	2:07	2:13
2:45	2:51	2:53	2:58	2:30	2:35	2:37	2:43
3:15	3:21	3:23	3:28	3:00	3:05	3:07	3:13
3:45	3:51	3:53	3:58	3:30	3:35	3:37	3:43
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4:45	4:51	4:53	4:58	4:30	4:35	4:37	4:43
5:00	5:06	5:08	5:13	4:45	4:50	4:52	4:58
5:15	5:21	5:23	5:28	5:00	5:05	5:07	5:13
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				6:00	6:05	6:07	6:13

1. Northside of C St. at rear entrance to FOB-10A.
2. Southside of E at Sixth.
3. N. W. Corner 4th and I st.
4. At V St. entrance to Bldg.
5. At V St. entrance to Bldg.
6. N. E. Corner 4th and I Sts.
7. Northside of School St. at 6th.
8. Northside of C St. at rear entrance to FOB-10A.

Effective January 2, 1974.