



Southwest Seventh

DEPARTMENT OF TRANSPORTATION HEADQUARTERS BUILDINGS

No. 107

April 15, 1974



NEW AND LOWER HEALTH BENEFITS PREMIUMS

In the February 15 issue of Southwest Seventh there was an article discussing Public Law 93-246 relating to the new health benefits costs to employees, brought about by a change in the Government's contribution to health insurance premiums. That article did not show the new health benefits rates for 1974. Listed below are some of the plans and rates for 1974 for the Washington Metropolitan area. If you wish to know the rates for a plan not listed below, contact your Personnel office.

1974 BIWEEKLY PREMIUM RATES

Government-Wide Plans

Government pays

Employee pays

Indemnity Benefit Plan

(Aetna)

High Self

\$ 5.49

\$ 5.03

High Family

13.67

12.50

Low Self

4.47

1.49

Low Family

11.07

3.69

Government-Wide PlansGovernment paysEmployee paysService Benefit Plan
(Blue Cross/Blue Shield)

High Self	\$ 5.49	\$ 6.39
High Family	13.67	15.30
Low Self	3.06	1.02
Low Family	7.49	2.50

Employee Organization Plans

Alliance Health Benefit Plan

High Self	\$ 5.49	\$ 5.12
High Family	13.67	12.33
Low Self	2.82	0.94
Low Family	7.17	2.39

AFGE Health Benefit Plan

High Self	\$ 5.49	\$ 6.05
High Family	13.67	12.86
Low Self	3.13	1.04
Low Family	9.09	3.03

Government Employees Hospital
Association Benefit Plan

High Self	\$ 5.49	\$ 6.00
High Family	13.67	8.98
Low Self	5.49	2.14
Low Family	11.10	3.70

Comprehensive Plans

Columbia Medical Plan

High Self	\$ 5.49	\$ 5.00
High Family	13.67	17.04

Group Health Association

High Self	\$ 5.49	\$ 6.77
High Family	13.67	17.60
Low Self	5.49	3.23
Low Family	13.67	8.93

You will note that the total premium is not divided equally between employee and the Government. The Government's portion is determined on a mathematical computation of average costs of the options under the six major plans. For detailed information, consult your Personnel office.

COUNCIL OF GOVERNMENTS (COG) "COMMUTER CLUB" PROGRAM

GSA has requested the Department's cooperation in making available to DOT employees the forms for participation in COG's "Commuter Club" program. DOT has distributed the forms to all employees and will collect and forward the completed forms to GSA. Additional blank forms are available in each building in the OST Buildings Manager's office. There is no connection between the "Commuter Club" program and the DOT Employee Parking System, and participation in the program is purely voluntary.

METRO STATION ESCALATOR LOBBY CONSTRUCTION IN THE HEADQUARTERS BUILDING

At about the time this issue of Southwest Seventh is distributed, METRO construction of the subway escalator lobby will affect the Headquarters Building P-1 level parking pattern. The northeast corner of that level will be the area most affected as the construction activity will block off the first north/south aisle in that quadrant. Since a portion of that quadrant will be inaccessible by car, but available for DOT use, it is planned to adjust the cycle parking spaces to utilize this area. Construction will begin shortly on the P-2 level in the area already roped off. On P-3, there should be no additional parking spaces affected over what has already been yielded to METRO. Our current information is that completion of this METRO station construction will take approximately two years.

KNOW YOUR VISITORS

Employees in all DOT Headquarters Buildings and facilities are reminded that for the most part your work area is open to the general public during normal operating hours. As such, it is incumbent upon you to require all unknown persons who appear in your work spaces to properly identify themselves. Should you need it, assistance is as near as your telephone in all of the DOT Headquarters Buildings by dialing the Federal Protective or Security Guard offices.

* DOT Hqs.	- 62626
* FOB-10A	- 13-20423
* TrPt	- 69154

INCREASED SHUTTLE BUS SERVICE FOR 30-DAY TEST PERIOD

The DOT shuttle bus service has been increased to a 15 minute interval for the full day, 7:00 a.m. to 5:45 p.m. This schedule will be tried for a 30-day period to evaluate the cost/benefit aspect of the additional service. This temporary schedule is included in this issue.

DOT SHUTTLE BUS SERVICE
For Test Period April 1-30

<u>Leave 1</u> <u>FOB-10A</u>	<u>Leave 2</u> <u>HQ Bldg</u>	<u>Leave 3</u> <u>EPA Bldg</u>	<u>Arrive 4</u> <u>Tr. Pt.</u>	<u>Leave 5</u> <u>Tr. Pt.</u>	<u>Leave 6</u> <u>EPA Bldg</u>	<u>Leave 7</u> <u>HEW HQ</u>	<u>Leave 8</u> <u>HQ Bldg</u>	<u>Arrive 9</u> <u>FOB-10A</u>
7:00 a.m.	7:06	7:08	7:13	7:00	7:05	7:06	7:07	7:13
7:15	7:21	7:23	7:28	7:15	7:20	7:21	7:22	7:28
7:30	7:36	7:38	7:43	7:30	7:35	7:36	7:37	7:43
7:45	7:51	7:53	7:58	7:45	7:50	7:51	7:52	7:58
8:00	8:06	8:08	8:13	8:00	8:05	8:06	8:07	8:13
8:15	8:21	8:23	8:28	8:15	8:20	8:21	8:22	8:28
8:30	8:36	8:38	8:43	8:30	8:35	8:36	8:37	8:43
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| 1. Northside of C St. at rear entrance to FOB-10A. | 5. At V St. entrance to Bldg. |
| 2. Southside of E at Sixth. | 6. N. E. Corner 4th and I Sts. |
| 3. N. W. Corner 4th and I Sts. | 7. Northside of School St. at 4th. |
| 4. At V St. entrance to Bldg. | 8. Northside of School St. at 6th |
| | 9. Northside of C St. at rear entrance to FOB-10A. |