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U.S DEPARTMENT OF
TRANSPORTATION

FEDERAL AVIATION
ADMINISTRATION

September 28, 1990 #90-10

Alaskan Region

Intercom

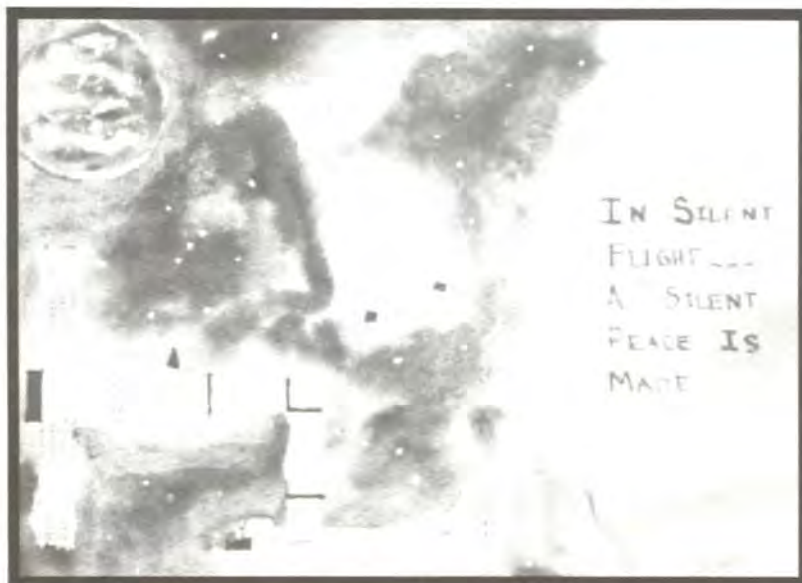
INTERNATIONAL AVIATION ART CONTEST



Ten-year-old **Benjamin Knorr**, of Anchorage's Chester Valley School, was first-place regional winner and third-place national winner for his age category in the International Aviation Art Contest. FAA Regional Administrator **Ted Beckloff** presented a Special Award certificate and a model airplane kit to **Benjamin**.

(Story on page 2)

BENJAMIN KNORR WINS BIG



Soviet-American peace is the theme of **Benjamin Knorr's** drawing which won third place in the 9- to 12-year-old category at the national level of the 1990 International Aviation Art Contest, sponsored by the FAA and the National Aeronautics Association in cooperation with the Federation Aeronautique Internationale (FAI).

The annual contest, open to all children ages 5 to 16, has a different aviation theme each year. "SILENT FLIGHT" was the 1990 theme.

The original artwork of seven Alaskan students was selected to represent the Region at the national level. Regional winners are:

Category I (ages 5-8)

- 1st Place **Edward Hamilton**
Grayling, Alaska
- 2nd Place **Harriett Arrow**
Grayling, Alaska
- 3rd Place **Jessica West**
Grayling, Alaska

Category II (ages 9-12)

- 1st Place **Benjamin Knorr**
Anchorage, Alaska
- 2nd Place **Justin Kepler**
McGrath, Alaska
- 3rd Place **Abel Williams**
Chicken, Alaska

Category III (ages 13-16)

- 1st Place **(Isiah) Rio M. Williams**
Chicken, Alaska



Judges for the Alaskan Region competition included **Patricia Wolfe**, Director of the Anchorage Museum of History and Art, and Alaskan artists **Byron Birdsall** and **Jon Van Zyle**.

NAME SELECTED FOR CHILD CARE CENTER

by Carol Marvel, AAL-16M

On September 6, a ceremony was held to recognize the winner of the naming contest for the Federal Child Care Center. **Mr. Stu Garner**, an employee with the Internal Revenue Service, submitted the winning name — **"TUNDRA TYKES CHILD CARE CENTER."** He received a painting by Dot Tideman of BLM for his winning entry.

Also recognized at the ceremony were runners-up in the naming contest. Second place went to **Nancy Burton**, also of IRS, for submitting the name "Alaskids." **Ginger Llewellyn**, FAA AAL-14, and **Evvie Punches**, BLM, tied for third place for the name "Forget Me Not." Second and third place winners received art prints by Paul Steucke, formerly Alaskan Region Public Affairs Officer.

A logo for the center is being finalized by AFOB security guard **Leo Hads**.

Frances Smith, OPM, President of the Anchorage Federal Executive Association, emceed the ceremony and presented the awards to the recipients.

Susan DiPrete, who has been detailed to the FAA from BLM for the last 20 months as an FEA representative on the Child Care Project, gave a brief history of how the child care center came to be.

Grace Davis-Nerney, Manager, Human Resource Management Division, took a moment to recognize many individuals who have contributed much to this project.

Carol Marvel, FAA Child Care Program Coordinator, spoke on upcoming events involving the child care center.



The building for the **Tundra Tykes Federal Child Care Center** will be ready for occupancy on October 1, 1990. At that time furniture, equipment, and toys which have been ordered for the Center will be moved in and assembled. The Director for the Center will be hired by that date and will be working with the newly hired staff to prepare classrooms for the children.

The Center will be ready to receive children on October 29. Prior to the opening, however, registration for enrollment of children will be held beginning October 1 on site at the child care center. Slots for children will be filled on a first-come, first-served basis within the following priorities:

1st. initiating Federal agencies (FAA is an initiating agency),

2nd. participating Federal agencies,

3rd. other Federal agencies, and

4th. the public.

A dedication and open house is being planned for October 25, 1990. We expect many Federal, state, and local dignitaries to be present for the dedication.

If you have any questions concerning the **Tundra Tykes Federal Child Care Center**, you may contact **Carol Marvel**, Child Care Program Coordinator, at 271-5370.



Left to right: **Frances Smith**, FEA President; **Ginger Llewellyn**, AAL-14A; **Stu Garner**, IRS; **Nancy Burton**, IRS; **Evvie Punches**, BLM.

COLA UPDATE

The Human Resource Management Division has received inquiries from many of you wanting to know the latest on the status of our cost-of-living allowance (COLA).

You may recall that on June 2, 1989, OPM published proposed COLA regulations in the Federal Register (54 FR 23664) soliciting comments through August 31, 1989. Over 100 written comments were received from employees, employee groups, agencies, members of Congress, and attorneys and experts hired by employee groups.

Several changes and clarifications were made to the proposed regulations in response to the comments received.

The final rule was published in Federal Personnel Bulletin 591-37, dated February 7, 1990.

The next step in the process is that OPM will describe in detail the calculation of each allowance rate at the time the rate is published in the Federal Register for comment. Until that occurs, there will be no COLA cut.

We will use the *INTERCOM* to keep you informed of any new information or developments in this area.

THRIFT SAVINGS INVESTMENTS

The President has signed legislation removing investment restrictions currently imposed on Thrift Savings Plan participants.

Starting in January 1991, FERS employees may allocate all of their contributions, as well as employer contributions, among the three investment funds.

CSRS employees may now also invest all of their contributions among the three funds.

Both groups of employees may reinvest the existing balances in their accounts among the three funds.

"In spite of the cost of living, it's still popular."
— Kathleen Norris

TRAVEL UNIT WORKLOAD

Several administrative changes have been implemented within the Accounting Branch to help control the extreme backlog in the Travel Unit. Internal reassignments from Commercial Accounts, as well as from the General and Cost Accounting Section, have been made.

Marion Pound from the Airway Facilities Division has begun a 90-day detail to assist as well. All calls to the Travel Unit are being forwarded to the secretary's desk until 1 p.m. daily. Other options are being considered if these actions do not significantly reduce the current backlog of travel vouchers. A real "team spirit" has been expressed by the entire branch in an effort to resolve this problem.

Intercom

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EDITOR
Ivy P. Moore
REGIONAL ADMINISTRATOR
Ted R. Beckloff, Jr.

INTERCOM is published for the employees of the Alaskan Region by the Public Affairs Office. Articles and photographs are welcomed. The submission deadline is the first Friday of each month.

If you have questions, suggestions, or complaints, please call the Editor at 271-5169.

THANKS FROM NILA

"Just wanted to tell each and everyone of you thanks for the lovely clock I received from you all. It will bring back many fond memories of all the people I came in contact with over the years in the Alaskan Region. The region is a 'great family,' and it is tough starting over outside the womb.

"We finally got packed and shipped after 3 days of movers. Flew to Seattle on Alaska and drove across the upper U.S., i.e., Washington, Idaho, Montana, then thru Wyoming and South Dakota to Nebraska where we spent a few days with family. We then trekked on into Washington.

"John has only ventured out to the cleaners, about 4 blocks away, so far. Traffic is beastly, but know he will be on the road again soon.

"Our household goods arrived on the 13th — about 18 days enroute — which was a complete shock to John and I. So 367 boxes later, here I am on a mid shift. We finally, after 3 days unpacking, finished the last box today.

"I miss all my friends and co-workers, but want you to feel free to give me a call when in Washington. The Ops Center can reach me 24 hours a day as we are now 'beeper carriers,' I don't think that's a disease.

Take care, and God bless you all."

NILA REITZ
Washington COM CENTER
(formerly Duty Officer in Alaskan Region)

ALL IN THE FAMILY



Facility Beautification

The personnel at the Kenai and McGrath Flight Service Stations extend their appreciation to two ladies who helped to improve FAA's work environment this summer. **Marsha Smith**, wife of **Wil Smith**, AMT at Kenai AFSS, planted five baskets of beautiful flowers which she donated to the AFSS. The flowers, which have been placed near the entrances to the building, present a cheery welcome to both guests and employees.

The staff at the McGrath FSS recognized the hard work of **Laurel Kytonen**, wife of ATCT **Mark Kytonen**. **Laurel** took it upon herself to provide for the FSS beautification this year. This included the design, planting, and maintaining of the large flower bed in front of the station as well as the flower baskets on either side of the building entryway. In addition to this, **Laurel** also maintains the plants inside the station. Her selfless contribution not only adds a touch of class to the station, it also makes for a much more pleasant workplace.



BOWLING CONTROLLER

In late August, a controller at Anchorage ARTCC, **Ron Mohr**, participated in the Team USA national bowling tournament which was held at Arlington Heights, Illinois. **Ron** finished among the top six qualifiers, who became the Team USA bowling squad to represent the United States in international competition in calendar year 1991. The team will compete in places like Havana, Cuba; Singapore; and the Olympics if they add bowling to sanctioned events.

Ron was a member of the Team USA in 1989, and was an alternate on the 1990 team.

GONE FISHIN'

"At the Civair picnic this year, my name was drawn for a fishing trip on the Kenai River.

"Jim Burton, who works at ROC, had donated the trip.

"On Monday, September 10, my daughter, Teresa Blackmore; my sister and brother-in-law, Ann and Bob Crain, from the Seattle area; and I were treated to a day of fishing on the Kenai River.

"The weather and fishing could have been better, but we didn't get wet, and I set the record for snagging.

"Would like to thank Jim for a great day. I would recommend 'Alaska Sport Fishing' to anyone looking for salmon fishing on the Kenai."

Jack Wright
Retired '87, FSDO-31

AWARDS

On-the-Spot

ATCS **Holly Karst**, Merrill Tower, received an On-the-Spot award for saving a Piper Navajo from making a gear-up landing.

ATCS **Edwin L. (Bud) Lacher**, Merrill Tower, received an On-the-Spot award from his supervisor, SATCS **John Craft** for his quick thinking when a student pilot inadvertently taxied onto an active runway.



Victoria (Torri) Clark, Duty Officer, AAL-4, is given an On-the-Spot award by Regional Administrator **Ted Beckloff** (center) and Deputy Regional Administrator **Don Keil** (left).



Mel Leskinen (left), AAL-450C, received an On-the-Spot award from Establishment Engineering Branch Manager **Bob Bransky** for his work on the environmental assessment of facility expansion at Anchorage Center.

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Roland Jones (left), NAS Area Manager at ZAN AF Sector, was given an On-the-Spot award by **Dick Kutz**, Assistant Sector Manager, ZAN AFS, for his help with restoral of the Dutch Harbor DME.



T.C. B-4 she grew up!

David Epstein, NA AF Sector Manager, presented two On-the-Spot awards for the outstanding job that **Rita Pendleton** and **Brenda Koch** did in filling in for the Sector Manager's secretary while she was on emergency leave.



Rita Pendleton,
NA AFS PSU



Brenda Koch, NA AFS FMSS
secretary.

Letter of Appreciation



Robie Strickland (left), AAL-400, presented to **Peggy Smith**, AAL-420 Manager, a letter from Arnie Aquilano, AAF-1, expressing his appreciation for her participation in the Employee Assessment Center.



(Left to right) **Don Keil** and **Patty Sullivan**, AAL-620.



(Left to right) **Ken Moore**, AAL-601, **Don Keil**, **Henry Elias**, AAL-500, **Bob Bransky**, AAL-450.

Don Keil, Deputy Regional Administrator, presented Letters of Appreciation to several employees for their work in regard to the north cargo apron, Anchorage International Airport.



Don Keil (left), AAL-2, presents Letters of Appreciation from the Director of Accounting, AAA-1, to (left to right) **Claudia Hoversten**, AAL-42, **Stan Hill**, AAL-43, and **Bob Lewis**, AAL-40, for their work on installation of the interface of the System for Acquisition Management (SAM) and the Departmental Accounting & Financial Information System (DAFIS).

Letter of Commendation



FSDO-01 employees (left to right) **Hugh Keith**, **Don Nelson**, and **Phil Evans** were presented with Letters of Commendation by **Al Crook** (right), FSDO-01 Manager, for their investigation of the MarkAir B737 accident in Unalakleet in June.

LET'S GET RID OF "THE GIRL"

*Wouldn't 1990 be
a great year
to take one giant step
forward for womankind
and get rid of
"the girl"?*

*Your attorney says,
"If I'm not here
just leave it with
the girl."*

*The purchasing agent
says, "Drop off your
bid with the girl."
"My girl will get
back to your girl."*

*What girl?
Do they mean
Miss Rose?*

*Do they mean
Ms. Torres?*

Do they mean Mrs. McCullough?

*Do they mean
Joy Jackson?*

*"The girl"
is certainly
a WOMAN when she's
out of her teens.*

*Like you, she
has a name. USE IT.*

*repinted from THE WATCH,
Women Air Traffic Controllers
Hotsheet*

CIGARETTES AND HEART DISEASE

What Smoking Does to Your Body

Medical experts say that cigarette smoking is responsible for about 85% of all lung cancer deaths, but it is also linked to hundreds of thousands of heart disease deaths, too.

Smoking is the major risk factor for diseases of the heart and blood vessels.

Here's what smoking does.

- * *Raises Blood Pressure.* Nicotine in cigarette smoke is a stimulant. Nicotine stimulates the heart, causing it to pump faster and raise blood pressure. Nicotine also causes arteries to constrict making it more difficult for blood to flow, placing greater strain on the heart.

- * *Depletes Oxygen.* Carbon monoxide, a chemical contained in cigarette smoke, reduces oxygen in the blood. The heart must work harder to supply the rest of the body with needed oxygen.

- * *Thickens Blood.* Smoking causes changes in the blood. Platelets — blood cells needed for normal clotting — become abnormally sticky, blood becomes thicker, and the risk of dangerous blood clots increases.

- * *Damages Arteries.* Smoking causes changes in the inner walls of the arteries and is a factor in coronary artery disease

.....
"Have realistic expectations. Quitting isn't easy, but it's not impossible either."

Public Health Service/
National Institutes of Health

.....

ORDER NAME BADGES

Want a blue name badge with the FAA logo? Vickie Sherburne will be ordering them again in **October**. CivilAir Club sponsors the sale of these badges (which are either pin-on or pocket type). The price for each badge is \$5.00, which must be paid at the time you place your order. Make checks payable to CivilAir Club.

Contact Vickie Sherburne
AAL-450.1
271-5198

WAYS OF KICKING THE CIGARETTE HABIT

Cutting down can help you quit, but it's not a substitute for quitting. If you're down to about seven cigarettes a day, it's time to set your target date and get ready to stick to it.

Public Health Service National Institutes of Health

Here are some tips from the Public Health Service and National Institutes of Health to help smokers who want to cut down on cigarettes and get ready to call it quits.

- * Switch to a brand you find distasteful.
- * Change to a brand that's low in tar and nicotine a couple of weeks before your target quit-smoking date. This helps change your smoking behavior.
- Do not smoke more cigarettes. Do not inhale them more often or more deeply or place your fingertips over the holes in the filters. All of these will increase nicotine intake. The idea is to get your body used to functioning without nicotine.

- * Smoke only half of each cigarette.
- * Each day, postpone lighting your first cigarette one hour.
- * Decide you'll smoke only during odd or even hours of the day.
- * Decide beforehand how many cigarettes you'll smoke during the day. For each additional cigarette, give a dollar to your favorite charity.
- * Change your eating habits to help you cut down. For example, drink milk, which many people consider incompatible with smoking. End meals or snacks with something that won't lead to a cigarette.
- * Reach for a glass of juice instead of a cigarette for a "pick-me-up."
- * Remember: Cutting down can help you quit, but it's not a substitute for quitting. If you're down to about seven cigarettes a day, it's time to set your target date and get ready to stick to it.
- * Smoke only those cigarettes you really want. Catch yourself before you light up a cigarette out of pure habit.
- * Don't empty your ashtrays. This will remind you of how many cigarettes you've smoked

each day, and the sight and smell of stale butts will be very unpleasant.

- * Make yourself aware of each cigarette by using the opposite hand or putting cigarettes in an unfamiliar location or a different pocket to break the automatic reach.

- * If you light up many times during the day without even thinking about it, try to look in a mirror each time you put a match to your cigarette — you may decide you don't need it.

- * Stop buying cigarettes by the carton. Wait until one pack is empty before you buy another.

- * Stop carrying cigarettes with you at home and at work. Make them difficult to get to.

- * Smoke only under circumstances that aren't especially pleasurable to you. If you like to smoke with others, smoke alone. Turn your chair toward an empty corner, and focus only on the cigarette you are smoking and its many negative effects.

- * Collect all your cigarette butts in a large glass container as a visual reminder of the filth smoking produces.

TO ORDER BUSINESS CARDS

- Due to the retirement of Mary Ann Earles on August 24, CivilAir Club announces that orders for business cards can now be placed with
- **Marge Cholometes**
- AAL-16C
- 271-5803

COLD BAY FSS

Raymond Christensen, Air Traffic Manager at Cold Bay Flight Service Station, reports that the traffic count for July was 8,186, a new record-high month. Both June and July showed a 33 percent increase over the same months in 1989.

AWARDS

Superior Accomplishment

While **Bob Lewis** was still Manager of Resource Management Division, AAL-40, he presented Superior Accomplishment Awards to several of the AAL-40 division employees.



Shelva Withey, AAL-42C2, for work in the Commercial Accounts Unit during the changes in procedures.



Jean Yount, Operating Accountant, AAL-42C, for accomplishment of duties assigned in the Travel Unit due to the absence of the Accountant in Charge.



Kathleen Simmons, Accounting Technician, Commercial Accounts, AAL-42C2, for work done while Commercial Accounts Unit underwent numerous changes.



Violet Harbuck, AAL-42C2, for work accomplished due to changes in the Commercial Accounts Unit.



Stan Hill, Manager, Information Resource Management Branch, AAL-43, for his key role in the agency-wide implementation of the automated interface between SAM and DAFIS.

Claudia Hoversten, Manager of Accounting Branch, AAL-42, for overall implementation strategy for the automated interface of the FAA-wide SAM and DAFIS.

Service Pins

15 Years:



John Williford (left) AAL-460 Manager, received his 15-year service pin from **Robie Strickland**, AAL-400.

25 Years:



ATCS Robert Moore (left) receives his 25-year service emblem from Homer Air Traffic Manager **Roy E. Hoyt, Jr.**



Leslie D. Kleider (left), Electronics Technician at the Anchorage Sector Field Office, received his 25-year pin from **Andy Billick**, Assistant Division Manager, Airway Facilities.

30 Years:



Al Crook (center), FSDO-01 Manager, is congratulated by **Tom Westall** (left), after receiving his 30-year pin from Regional Administrator **Ted Beckloff**.



Warner (Dusty) Rhodes (right), AAL-710, is congratulated by Regional Administrator **Ted Beckloff** upon receipt of his 30-year service pin.



35 Years:



Ray Clark (left), Maintenance Mechanic with North Alaska Sector Field Office, receives his 35-year pin from **David Epstein**, NA Sector Manager.

Jimmy Boyd (center), ZAN AF, receives his 35-year pin from Regional Administrator **Ted Beckloff** (right) as Airway Facilities Division Manager **Robie Strickland** looks on.



CATCH 62

Creditable Service and Post-1956 Military Active Duty

Do you need to make a deposit to the retirement fund to cover your military service?

CIVIL SERVICE RETIREMENT SYSTEM (CSRS)-COVERED EMPLOYEES

* Employees under the CSRS before October 1, 1982, have the option of making a deposit or not.

- Military service after December 31, 1956, cannot be used in computing your CSRS annuity at age 62 if you are eligible for Social Security benefits.

- By making a deposit of 7% of your basic military pay for the periods of post-1956 active military duty, you avoid a recomputation of your annuity at age 62. (If you are eligible for Social Security benefits, your annuity is recomputed at age 62. The military time is removed from your creditable service for CSRS entitlements.)

- The military service will be credited and remain in your creditable service for CSRS retirement for as long as you live, without a deposit, if you are not eligible for Social Security benefits at age 62.

* Those first employed under CSRS on or after October 1, 1982 will receive retirement credit for post-1956 military service only if a deposit for military time is completed prior to retirement.

- The post-1956 military service will be used for leave and pay purposes; however, when your annuity is computed, the post-1956 military service will not

be used to determine your annuity entitlement.

- The deposit is 7% of your post-1956 military basic pay and must be deposited with the FAA prior to retirement.

FEDERAL EMPLOYEES' RETIREMENT SYSTEM (FERS) EMPLOYEES

* Employees who had military active duty after January 1, 1957, and who are under FERS must make a deposit for the military service to have the military time counted toward eligibility to retire or used in computation of their entitlement.

- The deposit is 3% of their basic post-1956 military pay.

- The deposit is payable to the FAA prior to retirement.

- A penalty is assessed on any unpaid balance of the deposit beginning the 3rd year after hire.

PENALTIES FOR NOT COMPLETING THE DEPOSIT PROMPTLY

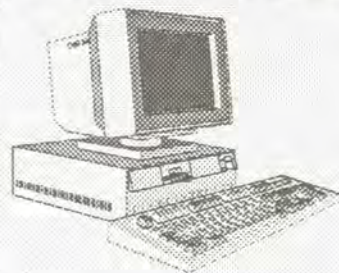
* For both CSRS and FERS employees, there is a 2-year grace period after hire. During the grace period, no penalty accrues or is assessed on the unpaid balance of the deposit.

* On the third anniversary of hire, a full year's penalty, at the variable interest rate, is assessed against the unpaid balance. On each anniversary of hire, another full year's penalty is assessed on any unpaid balance plus previous penalties.

* For CSRS employees, the first penalty was October 1, 1986, at the rate of 11.594%. Subsequent penalties are:
1987 — 9.531%,
1988 — 8.531%, and
1989 — 8.938%

* Many CSRS employees are due to have another penalty assessed on their unpaid deposit on October 1, 1990.

FOR INFORMATION ON HOW TO OBTAIN YOUR BASIC PAY INFORMATION, THE TOTAL AMOUNT OF YOUR DEPOSIT AS OF NOW, AND TO OBTAIN FORMS OR BEGIN YOUR DEPOSIT PLEASE CONTACT **JEAN PERSHALL**, EMPLOYEE RELATIONS SPECIALIST, AAL-16B, AT 271-5804.



PERSONAL PC PURCHASE PROGRAM

In connection with the OATS program, FAA employees are being given the opportunity to purchase personal computers at a reduced price.

The PC's are available through Sears. There are several standard PC configurations. The PC Purchase Program makes it possible for you to have the same hardware and software at home that is being used in your office.

If you are interested in participating in the Personal PC Purchase Program, more information is available from Stan Hill or Ken Slauson in AAL-43, 271-5183.

SENIOR EXECUTIVE SEARCH

APPLICANTS NARROWED TO 30--
WOMEN, MINORITIES MAKE UP ONE-THIRD

Twenty-nine FAAers from across the country and an additional person from outside the agency have successfully completed the panel interview phase of FAA's program to find candidates for the Senior Executive Service. They represent a cross-section of the FAA organization nationwide. About one-third are women and minorities.

Robie Strickland, AAL-400, is among the 30 who have successfully completed the panel interview phase.

During September, the 30 will participate in an executive development center in Minneapolis — a simulated public sector executive's job.

More than 360 applied for the SES Candidate Development Program earlier this year, and in July that number was cut to 59 applicants.

In August, the 59 participated in panel interviews held across the

nation. The results from the panel interview along with information from the earlier steps were considered in selecting the 30 applicants.

The final applicants, to be announced in November, will go through an in-depth, individualized development program that lasts from 6 months to 2 years, depending on an applicant's needs. It includes on-the-job assignments, working with a trained senior advisor, exposure to high-level executives, and formal classroom training.

On-the-job assignments may be in the FAA but outside the applicant's work area, in another modal agency, at an association or group that works closely with the FAA, or in a Congressional committee or office.

When they graduate, they will serve as the primary pool for selection into entry-level SES positions at the FAA.



C F C

Combined Federal Campaign began September 17 and will end October 26.

THE GOAL FOR THE
FAA ALASKAN REGION IS
\$40,000.00. PLEASE HELP US
MEET AND BEAT THIS GOAL.



COMING EVENTS

Federal Employees Health Benefits (FEHB) Open Season will be November 10 through December 10, 1990. Changes will be effective January 13, 1991.

Child Care Center Dedication tentative date is October 25, 1990, with a tentative opening date of October 29, 1990.

Survey/Feedback/Action (SFA) Program has been delayed until at least November.

Preliminary Workshop, Volcanic Ash Symposium. AAL-4 is working with the National Weather Service and U.S. Geological Survey to coordinate the arrangements for the October 23-24, 1990, Workshop to be held in Anchorage by the

organizational committee for the International Symposium on Volcanic Ash and Aviation Safety, which will be held in Seattle in July 1991.

Thrift Savings Plan Open Season will be November 15, 1990, through January 31, 1991. For the first time CSRS employees will be able to invest in the C Fund and the F Fund.

PEOPLE

Thomas E. Stuckey is the new Flight Standards Division Manager. The position was recently upgraded to Senior Executive Service status. **Stuckey** has worked as an air traffic controller, as an Air Force command pilot, and as pilot for a Part 121 operator. He most recently served as Assistant Manager of the Flight Standards Division in the Southwest Region.



John McIntyre, electronics technician, enjoys his "retirement cake" as he is being transferred from the Kenai Sector Field Office to Technician in Depth for the South Alaska AF Sector.



At a farewell reception in his honor, **Paul Steucke** (left) accepts the Regional Administrator's award from **Ted Beckloff** in recognition for his excellent work as Public Affairs Officer for the Alaskan Region. **Paul** has been promoted to Manager, Public & Employee Communications Division, APA-300.



Michael Tallman (right), Area Supervisor at Anchorage ARTCC, was presented a farewell gold pan by **Tony Wylie** before he transferred to Jacksonville ARTCC.



The Office of Labor and Employee Relations recently held its second conference for drug program coordinators in Baltimore, MD. It updated coordinators on the new chain-of-custody form and changes in the program. **Marge Cholometes**, AAL-16, represented the Alaskan Region.



Upon his departure for Washington **Karen Roan**, Chairperson of the Federal Women's Program Committee, presented a gold pan to **Paul Steucke** in appreciation of all he has done to further the cause of the FWP.



Monroe Eakon (left) received a plaque from **Edd Clair**, Anchorage SFO Manager, for his selection as the ANC SFO Employee of the Quarter for third quarter of 1990.



Bob Bransky, AAL-450, congratulates **Bob Pedigo** at a farewell party prior to **Pedigo's** transfer to Great Lakes Region.

RETIREMENT

June 15, 1990:

Cary N. Williamson, Maintenance Foreman, SA AFS
25 years 1 month.

July 3, 1990:

Sylvia Kobayashi, Program Specialist, AAL-610
25 years 8 months.

June 29, 1990:



Robert E. Elzig (right), AAL-481B, retired with 36 years and 3 months of service. **Ray E. Marley**, who presented the retirement certificate to **Elzig**, retired the same day.

August 24, 1990:

Mary Anne Earles, Budget Analyst, AAL-41
30 years.

August 28, 1990.

Neal Kornelis
Construction & Maintenance Leader, NA AFS
22 years 5 months.

August 29, 1990:

Edward L. Bell, ATC, Bethel ATCT
38 years 7 months.

REGIONAL FSS FACILITY OF THE YEAR PARTICIPANTS



Dillingham FSS Specialists (left to right) **Dwight Kramer**, **Ronald Sherman**, **Jeffry Barnes**, **Stuart Prisk**, and **Don Graber**

August 31, 1990:

Earl A. Packer, Construction Maintenance Foreman, AAL-463A
29 years 3 months.

Robert E. Ulbricht, Aviation Safety Inspector (Avionics), FSDO-03
35 years 3 months.

Paul L. Fischer
Supervisory Resource Management Specialist, AAL-200
26 years 2 months.



Anne A. Lewis, Offset Press Operator, AAL-52C
31 years 3 months.

Jeanette C. (Jan) Willis
Accounting Technician, AAL-42
27 years 9 months.

Muriel L. Girardet
Computer Specialist, AAL-43
31 years 6 months.

For the 2nd year in a row, Dillingham Flight Service Station has been recognized as the Alaskan Region's FSS Facility of the Year. The following specialists were on board at Dillingham when the Manager, **Ron Glonek**, received the award.

Courtney S. Prisk
EOD 10/25/87
Facility rating 01/30/88

Ronald D. Sherman
EOD 08/14/88
Facility rating 10/06/88

Jeffry Barnes
EOD 09/01/88
Facility rating 12/21/88

Dwight H. Kramer
EOD 03/12/89
Facility rating 05/05/89

Donald L. Graber
EOD 03/26/89
Facility rating 10/05/89

All these individuals played a part in the facility's outstanding performance for the year. Congratulations!

WASHINGTON REPORTS

SPANN WATSON: FIRST BLACK HONORED AS "ELDER STATESMAN OF AVIATION"

Spann Watson, Air Traffic Systems Management, has been selected to receive the National Aeronautic Association's "Elder Statesman of Aviation" award this fall, the first Black to win the honor since the accolade was established in 1954. **Watson**, who joined the FAA in 1965, is one of four receiving the award this year.

The Aero Club selected him for his "lifetime of integrity and service to his country" and his staunch dedication to the "principles of fair treatment and equal opportunity for all."

DON'T 'FAX' EVERYTHING

Sending information via fax is the "in" way of getting material from one place to another quickly and easily.

But don't use it to send all kinds of documents.

Information about individuals covered under the Privacy Act is an example of documentation that should not be faxed unless it is faxed via a system with an approved encryption algorithm. General-use fax systems are not equipped with approved encryption algorithms.

The current directive, Order 1280.1, Protecting Privacy of Information about Individuals, will be changed to reflect this guidance.

EXECUTIVE DIRECTORS RETIRE

Three of the FAA's Executive Directors retired at the end of August: **Robert Whittington**, AXA-1; **Wayne Barlow**, AXR-1; and **Edwin Harris**, AXO-1.

\$5,000 RESEARCH AWARDS

Awards of \$5,000 for developing a research paper on public-sector aviation issues will be made to as many as five graduate students later this year.

Winners will be selected under a graduate research award program sponsored by the FAA and administered by the Transportation Research Board, a unit of the National Research Council.

This is the fifth year of a program aimed at attracting gifted students to policy and management positions in the public sectors of aviation.

Completed applications must be received by November 1, 1990, at the Transportation Research Board headquarters in Washington, D.C.

Requests for brochures describing the program and applications should be made to:

Graduate Research Award Program
Air Transport Section (GR 326H)

Transportation Research Board
2101 Constitution Avenue, NW
Washington, D.C. 20418
(202) 334-3206

IN MEMORIAM



On July 22, retiree **Joseph Paquette** of Custer, WA, passed away at his home after a heroic battle with cancer.

Mr. Paquette served the FAA in electronic maintenance in Juneau, Annette Island, and Homer. He is survived by his wife Florence Heay-Paquette of Custer, WA; daughter Shirlee Vale of Craig, AK; and daughters Victoria Demmert and Mary Rita Gray of Yakutat, AK.

Retiree **Clark Horton** passed away at his home in Anchorage on August 31 after a lengthy battle with cancer. He began work for FAA in 1967 in the Management Analysis Division. He later worked in the Logistics Division as branch manager for procurement. His most recent position with the FAA was as the planning appraisal officer.

Mr. Horton is survived by his sisters, Martha Clark of Shreveport, LA, Mary Ann Adams of Monroe, LA, and Norma Jones of Stockton, CA.

L I S TRAINING

Billie Davis and Robert Barajas from the Logistics Inventory System (LIS) training team in Oklahoma City conducted four hands-on classes of "on-line" requisitioning in the Alaskan Region on August 21-22. Thirty regional people attended the sessions.

As of October 4, 1990, all requisitioning for materiel from the FAA Logistics Center, formerly the FAA Depot, will be "on line." This includes all priorities and noncatalogued items. The Logistics Center will no longer accept prepunched or hand-scribed cards for ordering. Telephone calls will still be accepted; however, "on-line" ordering will be faster.

Testing of the LIS has shown that when an order is entered "on line," it takes only 6 seconds for it to reach the pipeline for preparation to ship or to be submitted via the computer for DOD/GSA direct ship. That's fast!

Anyone having questions about the new system should contact the Regional LIS Coordinator, John Young, AAL-52B, 271-5384.



One of the LIS class sessions: (left to right) Front row: **Nancy Tinney**, ZAN AF; **Ann Renfroe**, NA AFS; **Peggy Don**, ANC FIFO; **Audrey Clark**, FSDO-05; **Dave Bartholomew**, AAL-460. Back row: **James Price**, ANC FIFO; **Jerry Swanson**, ANC FIFO; **Billie Davis** and **Robert Barajas**, instructors; **Fred Nunley**, AAL-463P; and **Mary Patterson**, Acting Regional LIS Coordinator, AAL-52B



BETTLES VISIT

In late July, Regional Administrator **Ted Beckloff** and Planning Appraisal Officer **Davie Elliston** traveled to the northern part of Alaska visiting FAA facilities. On the evening of July 24, they stopped at Bettles and spent the night there. The FAA personnel at Bettles provided dinner in the COMSERFAC (community service facility), which provided an opportunity for the visitors to meet the employees and their families.

Al Crook, Local Coordinator at Fairbanks, reported that the managers appreciated the opportunity to meet with the FAA community, and all had a great time. "As you can note in the upper left corner of the picture, some of us went back for seconds, or was it thirds?"

FAMOUS LAST WORDS: “That’s not in my job description”

by Robyn Collyer, ANM-15

Occasionally you may hear an employee is reluctant — or refuses at times — to perform assignments. Such reluctance or refusal is sometimes based on the erroneous idea that an employee is not required to perform any duty not in their position description (PD). This idea could not be further from the truth.

Supervisors have full authority to assign duties to employees as they see fit within the scope of their operation. All such assignments constitute work the employee is expected to perform. Employees must carry out assigned duties to the best of their ability, regardless of whether such duties are specified in the PD.

It is not necessary or desirable for a PD to list every duty an employee may be expected to perform. A PD is adequate if it sets out principal duties, responsibilities, and supervisory relationships in such a way that the job can be classified. Other duties occasionally performed or which take only a small amount of time need not and should not be included in the position description.

The PD does not restrict the assignment of duties to an employee by the supervisor. An employee's refusal to perform a reasonable task properly assigned by the supervisor may be insubordination and result in disciplinary action.

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DRUG INFORMATION: STIMULANTS

What Are Stimulants?

The stimulants (“uppers”) are a class of drugs which stimulate the central nervous system and produce an increase in alertness and activity. They include caffeine, cocaine, and the amphetamines.

What Medical Use Do Stimulants Have?

Current medical use of synthetic amphetamine stimulants is usually restricted to treating narcolepsy (a rare disorder marked by an uncontrollable need for sleep) and minimal brain damage in children. They are also prescribed for short-term appetite control.

Caffeine, the naturally occurring stimulant found in coffee and tea, is a common ingredient in over-the-counter preparations designed to pep people up and help them overcome drowsiness.

The only legitimate medical use of cocaine in this country today is as a local anesthetic. It was used at the turn of the century in patent medicines, wines, and soft drinks. Since antiquity, South American Indians, principally the Incas, have chewed coca leaves for religious and medicinal purposes. It was also used to increase workers' heart rate to combat the effects of the high altitude of the Andes Mountains.

Which Stimulants Are Abused?

Overuse and abuse have been associated with all of the stimulant drugs, but risks are greatest with the amphetamines and with cocaine.

What Are The Amphetamines?

The amphetamines are composed of three closely related drugs (amphetamine, dextro-amphetamine, and methamphetamine) which stimulate the central nervous system and promote a feeling of alertness and an increase in speech and general physical activity.

DRUG INFORMATION: STIMULANTS

(continued)

Why Do People Use Amphetamines?

Some people take these drugs under medical supervision to control their appetite. Others take amphetamines to feel alert and energetic or recreationally to get "high"; they often report a euphoric sense of well-being.

Can Users Become Dependent on Amphetamines?

Yes. Users who take small amounts of amphetamines orally every now and then to combat fatigue or get "high" usually do not have trouble. However, people with a history of sustained low-dose use quite often become dependent and feel they need the drug to get by. These users frequently keep on taking amphetamines to avoid the "down" in mood which they experience when the "high" wears off.

What Specific Dangers Are Associated With Amphetamine Abuse?

Even small, infrequent doses of amphetamines can produce brain damage which results in speech disturbances and difficulty in turning thoughts into words. Taking more amphetamines increases these risks, which are greatest when the drug is injected. In addition, users who inject amphetamines intravenously can contract serious and life-threatening infections from nonsterile equipment. Finally, death can result from injected amphetamine overdose.

What Are the Signals of Chronic Amphetamine Abuse?

Long-term users often have acne resembling a measles rash; trouble with teeth, gums, and nails; and dry, lifeless hair.

Is Violence Associated with Heavy Amphetamine Abuse?

As heavy users who inject amphetamines accumulate larger and larger amounts of the drug in their bodies, the resulting toxicity can produce what is known as amphetamine psychosis. People in this extremely suspicious, paranoid state frequently exhibit bizarre — sometimes violent — behavior.

The above information was extracted from a publication from the National Institute on Drug Abuse, *LET'S TALK ABOUT DRUG ABUSE*.

FOR THE PAST 9 YEARS, FAA HAS HAD AN ACTIVE, ONGOING EMPLOYEE ASSISTANCE PROGRAM (EAP). IF YOU, OR A FAMILY MEMBER OR CO-WORKER, NEED HELP, OUR EAP CONTRACTOR, HUMAN AFFAIRS OF ALASKA, IS JUST A PHONE CALL AWAY.

Human Affairs of Alaska
4300 B Street, Suite 606
Anchorage, Alaska 99503
Telephone (907) 562-2812
Outside Anchorage call
1-800-478-2812



CONGRATULATIONS

Karen Trojano, an Accounting Technician in the Travel Unit, left this spring for maternity reasons. The results are in! — A healthy baby boy named Samuel was born August 2, 1990. Congratulations!

Duty Officer **Dave Allred** is a grandfather for the first time. **Trevor Michael Latera** was born September 7, 1990. He weighed 9 lb. 11 oz. **Jennifer** and **Lance Latera** are the proud new parents.



WHALE WATCHING

In early August, a pod of four Orca whales were observed feeding in the lagoon, 100 yards from the edge of the Sitka runway. The whales were directly in front of the FSS, where they remained for approximately half an hour. This was the first time Orcas have been observed in the lagoon for several years.

CIVIL AIR CLUB'S

FALL BASH



Friday, October 12th
6981st Lodge
Elmendorf AFB

6:00 P.M. ◦◦ No-host Bar
7:00 P.M. ◦◦ Dinner

Adults
\$10

New York Strip Steak
Baked Beans
Baked Potato
Salad
Roll
Dessert

Children
\$5
(1/2 a steak)

DOOR
PRIZES

DOOR
PRIZES

\$1000
RAFFLE

DOOR
PRIZES

DOOR
PRIZES

— See your Civil Air Club Rep for tickets —