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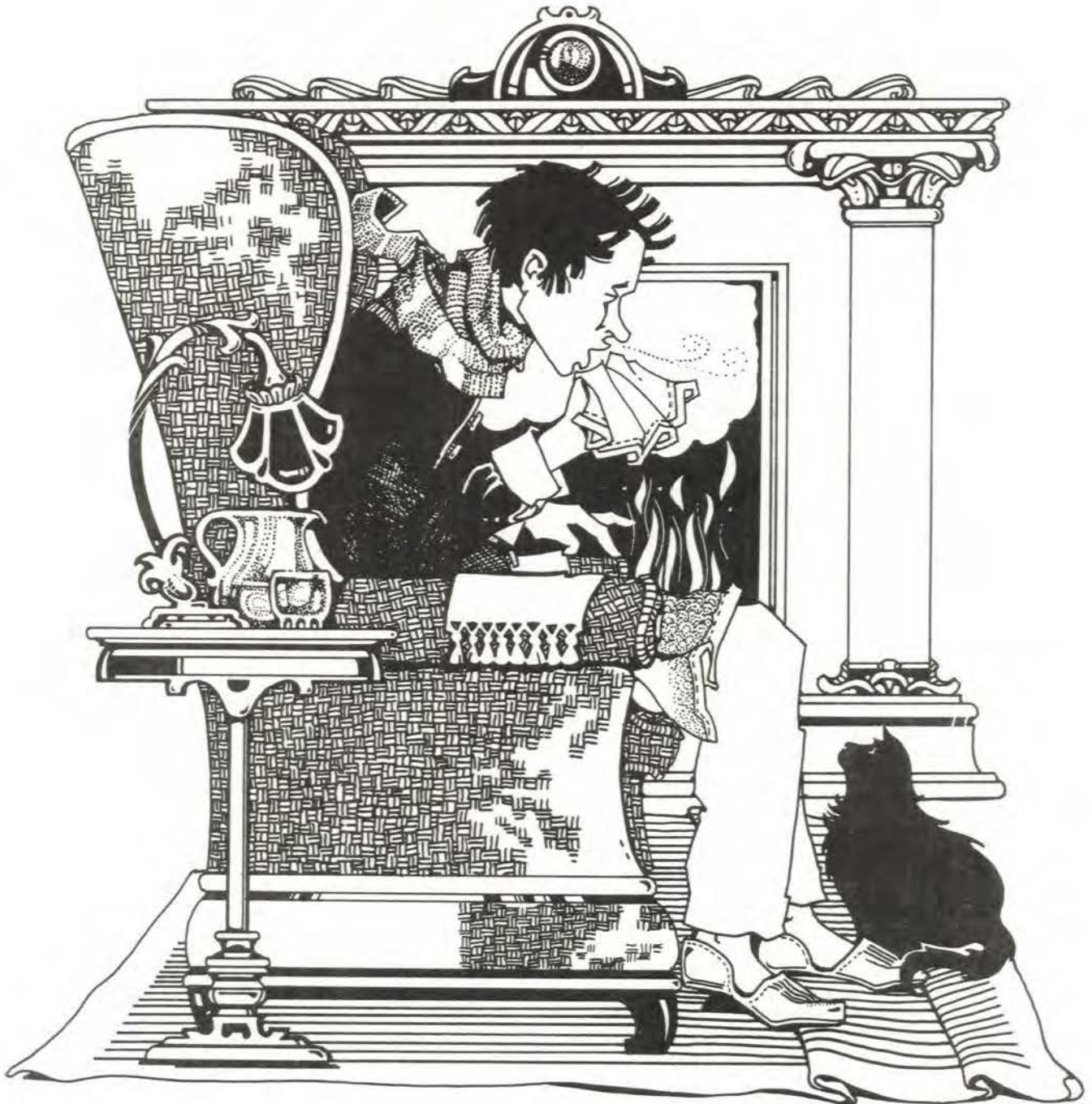
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intercom:

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Alaskan Region
701 C Street, Box 14
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Cover

Tis the season for the flu bug. If you are one of the lucky ones to have caught the bug, follow this advice:

- take two aspirin,
- drink lots of juice and
- share the bug with a friend
(misery loves company)

If you are still feeling down and out, lift up your head and shout, "Somebody's going to pay for this."

Get well soon!

(See page 9 for serious help.)

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If you have questions, suggestions, or complaints, please call the Editor at 271-5293.

Around the region

Tom Busker, former manager of the Real Estate and Utilities Branch, Alaskan Region, was recently selected as the manager of the Logistics Division in the Great Lakes Region. Busker was in Anchorage for two years before he was selected as a realty specialist in headquarters' Logistics Service. He was in D.C. for 15 months prior to his new position in Illinois. Congratulations, Tom, and good luck in your new job.

* * * * *

George LaRose, whose last job was as an FAA inspector, passed away on December 28, 1985. He was formerly an airport manager at Anchorage International during which time he strongly supported the building of the north-south runway. He and his family moved to Anchorage in 1969. In lieu of flowers, donations are suggested to the Jesse Lee Home, 4600 Abbott Road, Anchorage, Alaska 99507.

* * * * *

During the recent Centralized Personnel Management Information System (CPMIS) conference in Washington, D.C., the Alaskan Region was given recognition as having the most error free CPMIS personnel data file. A big thank you to the personnel assistants and specialists who were responsible for these records - you did a great job.

It was also announced at the conference that EGATS (electronically generated and transmitted SF-52) will be designated a national program. Congratulations to all of you in the Alaskan Region who had a part in making this program a national success. The EGATS program was created from the minds of several "geniuses" in the Alaskan Region.

* * * * *

...continued...

Bob Oliver, manager, AAL-700, has been sent home by the doctors to recuperate from double surgery he had on December 4. He is improving daily and the folks in Civil Aviation Security Division are hoping to see him back in the office in a week or two. We all wish you a speedy recovery, Bob.

* * * * *

The managers at Ketchikan, Juneau, Sitka, Yakutat and Cordova Flight Service Stations have started a friendly competition in pilot weather briefing. The contest will involve a chosen representative (chosen by their peers) from each facility who will be called for a pilot weather briefing by an area supervisor at Anchorage FSS during the last two weeks of January. This supervisor will rate the briefings and determine which specialist provided the most professional and informative briefing. The winner and runner-up will be recognized by management. Good luck, folks.

* * * * *

The Anchorage Flight Service Station put on its best Christmas luncheon ever on December 4 - that is according to the air traffic manager at the Anchorage FSS. Over 100 people from various departments throughout the agency attended the luncheon. There was lots of food, and the desserts were fantastic. Much appreciation goes to all the people who contributed to the added pounds of those attending.

* * * * *

Congratulations to Jerry Wylie, assistant manager, Anchorage Tower, on his recent marriage to Barbara Calvert. Jerry and Barbara got married on December 27, and on December 28 were at the FAA holiday dance. Now that is really getting into the FAA family. In all seriousness, the FAA employees wish you both the best.

* * * * *

Congratulations to air traffic control specialist Leah Berg, Fairbanks Tower, on the birth of a 9 pound 8 ounce baby girl born on December 10. Good luck, Leah.

* * * * *

King Salmon Flight Service Station abounds with pilots. All of the personnel at the King Salmon FSS have a pilot's license of some kind - four commercial pilots, one private pilot, and one student pilot. The FAA employees at King Salmon have a fleet of aircraft that contains a Piper Apache, a Cessna 180, three Stinson 108s, a Piper Tri-pacer and a Piper PA-14.

Also, two out of the three personnel assigned to the Iliamna FSS have pilot licenses and one aircraft - a Cessna 120.

* * * * *

The Airport Radar Service Area (ARSA) became effective at Anchorage International Airport at 0001 local time Thursday, December 19, 1985. ARSA, which was established to provide a safer aviation environment in the Anchorage area, requires all pilots in the designated service area to be in radio contact with the air traffic control facility (in this case Anchorage International Tower). A total of 114 ARSA operations were handled the first day.

* * * * *

Clyde W. "Johnnie" Johnson, who retired from the FAA as chief of quality control for avionics in 1972, passed away on January 1, 1986. He thrilled spectators at the 1948 Anchorage Air Show by saddling himself on the tail of a vintage airplane and riding over Fourth Avenue, tossing firecrackers.

* * * * *

Have a good one!



Jimmy Ford (left), supervisor, South Unit, Anchorage Sector Field Office, presents John Repasky, electronics technician, with a Quality Increase for Sustained Superior Performance.



John McCumiskey (left), former manager of the Word Processing Branch, receives the Director's Award for his pursuit of excellence in the Alaskan Region's office automation efforts during 1985 from Don Keil, deputy director. John recently accepted a position with the Department of Interior in California. Good luck, John.



Wayne Bates (right), former manager at Kodiak Tower, presents Jimmy Ford (left in top photo), supervisory electronics technician, and Ben Hutson (left in bottom photo), manager, Anchorage Sector Field Office, with letters and pins for being members of the team during 1984 that helped to make the Kodiak Tower the terminal facility of the year. Ernie Mack, maintenance mechanic, and Jim Broyles, electronics technician, (not available for pictures) were also a part of the winning team.



James H. Moeller (left), Anchorage Tower, receives his 25-year service pin from Frank Cunningham, director.



David Epstein (left), supervisor, AAL-463, presents a Special Achievement Award to Daryl Reindl, general engineer, AAL-463E.

See next Page



Joan Bradford, AAL-51, receives a Special Achievement Award for her work in helping to develop the System for Acquisition Management (SAM) in the Alaskan Region from Tom Hunt, manager, AAL-400. A picture of others involved in the project was in the December 20 issue of Intercom.



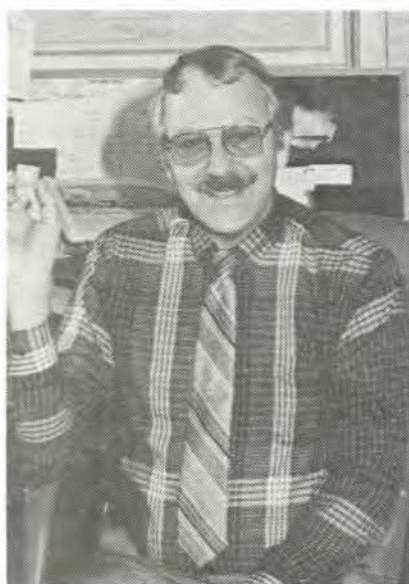
Robert Wilson (right), manager, South Alaska Sector, presents John Lee, supervisor, Field Maintenance Support Unit, with a 3-year service pin.



James Finlayson, assistant manager for Program Support, South Alaska Sector, presents Joan Gillis, administrative officer, with a Quality Increase for Sustained Superior Performance.



Ernest Mundt (right), assistant manager of Program Support, ZAN AF, receives a Letter of Commendation from Tom Hunt, manager, AAL-400. Allen George (left), assistant sector manager, presented the award.



Spencer Hill, duty officer, AAL-6, recently received his 15-year service pin.



Ben Hutson (left), manager, Anchorage Sector Field Office, presents Dona Iverson, secretary, Anchorage SFO, with a Quality Increase for Sustained Superior Performance.

2 see previous page

Ask Mr. Science

The following is from the "Anchorage Daily News" 1985 "Soapy Smith Awards," December 29, 1985:

"When a Soviet rocket broke up in the atmosphere over Alaska in October, a Federal Aviation Administration official shrugged off the initial reports of unidentified lights from hundreds of witnesses, calling it a meteor shower."

Editor's note: The "FAA official" was not Paul Steucke - or so he says.

Recipe corner

from: Ivy Moore
AAL-5a

PEANUT BRITTLE

2 cups sugar
1 cup white Karo syrup
1/2 cup water
2 cups raw peanuts (or a little more)
2 teaspoons vanilla
2 tablespoons butter
2 teaspoons baking soda

Boil first three ingredients together in large saucepan for three minutes and then add raw peanuts. Continue cooking over medium heat, stirring occasionally, until peanuts pop, are roasted, and candy is light brown and spins brittle thread. (295 degrees) This usually takes about 25 to 30 minutes.

Add butter and vanilla. Remove from burner and add baking soda, stirring quickly to mix. Pour out at once on LARGE buttered surface (I use 2 cookie sheets) spreading as thinly as possible. Break into pieces when cool.



FAA trivial pursuit

1. A Medical Certificate is valid for what duration for a 1st class, 2nd class, and 3rd class pilot certificate?
2. Who was the Alaskan Region Flight Surgeon prior to Dr. John Hepler?
3. What is ROC?
 - a. A stone.
 - b. Regional Operations Center
 - c. A legendary bird encountered by Sinbad the Sailor
4. Are Privacy Act and FOIA the same thing?

(Answers are on page 8.)

No guarantee on overseas COLA

The special cost-of-living adjustments for federal workers in high-cost areas outside the continental United States can be reduced or ended largely at the president's discretion, the U.S. Court of Appeals for the Federal Circuit has ruled.

The decision came in a challenge to the 1976 reduction of COLAs for certain federal workers in Hawaii - those who are allowed to shop at military exchanges and commissaries. They claimed unequal treatment with other employees in Hawaii who receive the COLA adjustments. But the court said the president has "broad" powers to "set forth terms and conditions for payment" of the COLAs.

Weekly Federal Employees'
News Digest; 12/9/85



Davis-Nerney new personnel manager

Grace Davis-Nerney was recently selected as the new manager of the Personnel Management Division, AAL-10.

She comes to FAA after being the Civilian Personnel Officer for the Coast Guard's Shipyard at Curtis Bay, Maryland.

Davis-Nerney was born in Bellaire, Ohio, the youngest of five children. She attended high school in Shadyside, Ohio, where she graduated in 1956.

Her college days were spent at Harding College in Searcy, Arkansas. She graduated with a bachelor's degree in journalism from Harding in 1960.

In less than a year after graduation from college, Davis-Nerney began her federal career as a qualifications rating clerk with the Naval Depot in Concord, California - that was in January 1961.

Beginning in 1967 Davis-Nerney worked for the Civil Service Commission for four years; first in Reno, Nevada, then in San Francisco, California.

Davis-Nerney returned to agency personnel work with the Coast Guard in 1971 as the Civilian Personnel Officer at the training center in Petaluma, California.

Two years later she was promoted to the position of Personnel Officer for the Coast Guard's Twelfth District in San Francisco. From there she went to the Coast Guard's Shipyard where she was working prior to her selection as the manager of the Personnel Division in the Alaskan Region.

While at the Shipyard, Davis-Nerney's office took the lead throughout the Coast Guard in setting up Merit Pay and new performance appraisal systems as well as making certain that management was trained in the new systems.

Davis-Nerney also served as a member of the negotiating team that successfully negotiated multi-year contracts with two unions while at the Shipyard.

Two of the several awards Davis-Nerney has received during her federal career were a Special Act Award in 1981 for successful reduction in the number of employees due to a cutback in the number of authorized positions; and an Outstanding Supervisor Award from the Federal Executive Board in the Baltimore area in 1982.

Her family includes two children, a husband and a dog. Her son lives on the east coast and her daughter lives on the west coast. Her husband Bob and dog Sam are still in Maryland but will be joining her when things are settled on the east coast.

Although she said she has more interests and hobbies than the time to enjoy them, Davis-Nerney said she enjoys hiking, bird-watching, boating, classical and country music, sewing, reading (science fiction and fantasy) and playing guitar.

EEO update

by: Ken Smith, AAL-9
Civil Rights Officer

Introduction:

note
This is the first of a series of articles I plan to write for the Alaskan Region Intercom. It is my intent to help each employee of the region to become better aware of some of the activities of the region, its civil rights program, and its employees.

One feature I would like to offer is that of answering your questions. Because we are a large organization spread over a vast area, it is difficult for one or two people to visit each individual and to personally answer all the questions which frequently arise. Thus, this might be a good avenue to achieve that goal. *column 2*

There are several "ground rules" which will serve to facilitate such a communication effort. First, I prefer not to deal with any correspondence which is unsigned; therefore, your name must accompany your questions. If one prefers not to have his/her name published in the Intercom regarding one's question, I shall certainly honor that request. This approach is in line with most editorial policies.

Second, I will not write anything negative about a specific person or facility in this public forum. I shall, however, be very pleased to point to those people and organizations that are doing things which need to be given praise.

are stereotyping off
Finally, I shall be happy to answer your questions or provide assistance personally. There are some areas that ought to be addressed on a personal level. Others are of such nature that everyone in the region will benefit from giving some attention to them.

Thus, I shall attempt to address those issues and answer those questions in this column which have the greatest impact upon the Alaskan work force in general.

Some areas that I am considering for discussion are Equal Employment Opportunity (EEO) vs Affirmative Action Program (AAP); "responsibility" for civil rights; some EEO myths explored; issues surrounding sexual harassment; bias, prejudice and discrimination; and, perhaps a few words on conflict management.

Again, these are some "seed thoughts" I have been considering. If you have some topics you would like discussed or questions answered, please let us know, in writing. The Civil Rights Office routing symbol is AAL-9.

Peace.

Answers to FAA's trivial pursuit from page 6.

1. 1st class - 6 months; 2nd class - 1 year; and 3rd class - 2 years.
2. Dr. Wendell Matthews.
3. Regional Operations Center (where the duty officer "lives").
4. No, although they are related. The Freedom of Information Act (FOIA) gives the public the right of access to government records, with a few specific exceptions. Most "personal" information is exempt.

Privacy Act has two purposes: restricting the collection and disclosure of private information about individuals; and giving the individual the right to find out what private information the government has in its files pertaining to him/her.

Medical notes - bits & pieces

by: Mary Grindrod
AAL-300

Leave job stress at the office:

It is hard to make the transition from job to home. Not only does your role change but the rules and demands made on you change. When office stress is brought home it tends to threaten relationships to family and friends.

Try to end your office workday as smoothly as possible by doing your toughest assignments in the mornings and saving the easier tasks for the afternoon when you are tired.

Walk to the car slowly and tune in some relaxing music. Bus commuters may wish to read something light or have a portable radio with you.

When you do get home, if you need a few moments alone to reorganize your thoughts, take it. Your family will adjust to this routine.

Try not to take business calls at home. Allow a gradual improvement in your lifestyle changes and you will be more productive at work and more ready to enjoy your family and friends when you are assuming your home role.

Fever, colds and flu; what to do:

If you know someone who has not had flu symptoms this season you are one of the lucky ones. Remember the old saying, "to starve a fever and feed a cold." Is this the answer? What should you do?

The best thing to do is let your own body tell you what to do. If you are tired, you probably need more rest. If you are hungry, eat - but do not indulge in a seven course meal.

If you have a fever your body will be using up fluids and nutrients and you will need replacement fluids to keep your strength. One of Pat Sanders'

(AAL-300) favorite liquids is 7-up. This should not be real cold and should have set until it has gone flat. The carbonation in cola drinks can create gas in the stomach which may make you nauseated.

Water, up to two quarts a day, may be needed if you have a high fever. Apple juice which has been diluted half-and-half with water is a good choice. Citrus juices should be avoided. They tend to aggravate an already upset stomach.

Crackers, dry toast and tea are good choices to start on, but if you are not hungry, do not eat. Remember that after you start to feel better, watch out! Your appetite will return with a vengeance. Your ravenous appetite is a response to your body's attempt to replenish nutrients and rebuild tissue destroyed by the infection.

Plants for good health:

You may have nasal irritation, dry skin and electric shocks every time you touch a door handle or filing cabinet if your office area is extremely dry. Here is a way to help relieve these annoyances. Get some plants. Of course, you will have to remember to water them. This will help put the needed moisture back into the air. It will also make your office a more enjoyable place to work.

Eye protection:

I can not resist a short discussion on your eyes and how to protect them from the sun on a snowy day when you are skiing. During this time you may be exposing your eyes to a high level of ultraviolet rays. The snow reflects 85 percent of the sun's ultraviolet rays, even on an overcast day. To prevent a sunburn to your cornea, you should wear good quality goggles or wraparound glasses made of polycarbonate, a highly impact-resistant material. This type of eye wear is available at sporting-goods stores or from your optometrist.



The Director's Management Team (DMT) met on December 3, 1985, to review the suggestions that were presented by managers at the recent Facility Managers' Conference held in Anchorage. Each DMT member analyzed the suggestions for possible incorporation into their work plans.



Ben Hutson (left), manager, Anchorage Sector Field Office, South Alaska Sector, presents Karen Steen with a 15-year service pin.



Vern Sycks (left), engineering technician, receives his 25-year service pin from Tom Hunt, manager, AAL-400.



Dorothy Sharrett (left), secretary, AAL-250, receives her 25-year service pin from Frank Cunningham, director.



David Campbell, air traffic control specialist, Anchorage Flight Service Station, recently received a Special Achievement Award for outstanding performance of duties during the past year from his supervisor.



Ben Hutson (left), manager, Anchorage Sector Field Office, presents Jimmy Ford, supervisor, South Unit, Anchorage SFO, with a Quality Increase for Sustained Superior Performance.



Tom Meyer (left), air traffic control specialist, Anchorage ARTCC, receives a Letter of Commendation for his outstanding performance during a flight assist from Mike Hessler, assistant manager.



Air traffic control specialist John Amor (right), Anchorage Tower, was recently presented a Special Achievement Award for Sustained Superior Performance by area supervisor Jim Moeller.



Air traffic control specialist Robert Butler (right), Fairbanks FSS, receives a Special Achievement Award for his performance from area supervisor Irene Gross.



Stefan Mejia (left), Anchorage ARTCC, receives an outstanding performance appraisal and a Quality Within Grade Increase from supervisor Joe Rollins.



Robert Wilson (left), manager, South Alaska Sector, presents Fred Brown, pipefitter, Field Maintenance Support Unit, with a 15-year service pin.

"Communication through dress"

The Federal Women's Program Committee recently sponsored a brown bag, "Communication Through Dress."

Jay Henningsen (men's clothing consultant) and Mary Ellen Soules and Anna Lancaster (women's tailored clothing consultants) from Nordstrom presented information on successful dressing to 29 FAA employees on December 11.

Not only are we "walking advertisements for who and what we are," said Soules, "but each of us represents the company (agency) we work in."

Did you know that within the first five minutes of meeting someone, the other person is forming an impression about your age, level of education, occupation, income level, self esteem, physical condition, personality and background all based on what you are wearing?

So it is very important to dress appropriately for your position. Choosing "quality" clothes and coordinating your clothes in color, style, etc., will help you present a successful image.

When you plan/build your wardrobe remember to buy clothes that are appropriate for your occupation; have a role model who dresses appropriately and do likewise (that does not mean that you have to look like identical twins); and dress according to your career goals.

Also remember that accessories or a change in tie or shirts can change the appearance of your clothes. That means you do not have to buy a lot of clothes, but remember that quality is important.

What is your dress saying about you?

Read the enclosed box below and find out.

If your clothes are:

dull and dreary
ho-hum
sloppy
a fad or flashy
coordinated

-
-
-
-
-

Others will think you:

have been passed over or passed by
are wishy-washy
don't care about yourself
are not reliable or won't be around long
are an organized person



FEDERAL WOMEN'S PROGRAM



Bill Ipock (right), data unit, Anchorage ARTCC, receives a Letter of Appreciation from Allen George, assistant sector manager, ZAN AF.



Ann Renfroe, general supply specialist, North Alaska AF Sector, receives an Outstanding Performance Award by Robert Snoddy, assistant manager program support.



Jack Maywood (left), maintenance mechanic, receives a Sustained Superior Performance Award for his performance during the past year at Barrow, Alaska, from William Bull, environmental supervisor.



Automation specialist Ron Aikens (left), Anchorage ARTCC, is presented with a Letter of Appreciation sent from Oklahoma City for a job well done while at the control tower. Assistant manager Briggs Willoughby (right) presents the letter.



Robert Wilson (left), manager, South Alaska Sector, presents Ernest Mack, maintenance mechanic, Anchorage Sector Field Office, with a 15-year service pin.



Charles Glasgow (right), aircraft mechanic, Anchorage FIFO, receives a Letter of Appreciation from Russell Anderson, Commander, Alaska Civil Air Patrol, for the donation of two of his aircraft radios.

UNDI SASTER DAY

EGAN CENTER

11:00 A.M. TO 7:00 P.M.

JANUARY 22, 1986

There has been a severe earthquake and disaster looms everywhere.

What do you do?

Find out on WEDNESDAY, JANUARY 22, 1986

The American Red Cross will have an "Emergency Shelter" at the Egan Center on the 22nd from 11 a.m. to 7 p.m.

The cost to enter the "shelter" is \$10.00
(a contribution to the Emergency Disaster Fund)

What will be in the "shelter:"

- A "Shelter Meal"
- A Red Cross nursing station where you and your family can receive emergency aid
- Displays that will provide information to help in emergencies
- Door prizes (you do not have to enter the shelter to register - you can do so in advance at the Red Cross office or in the Egan Center lobby during the event)

For more information, call the Red Cross at 277-1538.