UTC Spotlight

University Transportation Centers Program

This month: San Jose State University | April 2016

A Study of Bikesharing and Bicycle Safety

The growth of bikesharing in the United States has had a transformative impact on urban transportation. Many major cities have established large bikesharing systems, including Boston, Chicago, Denver, Minneapolis-Saint Paul, New York City, Salt Lake City, the San Francisco Bay Area, Seattle, Washington DC, and others. While numerous North American cities have large operational bikesharing programs, bikesharing has some qualities that could be inherently unsafe for cyclists. For example, bikesharing helmet usage has been shown to be lower than the broader bicycling population, and bikesharing tends to be used by a relatively large share of less experienced cyclists and tourists.



Capital Bikeshare in Washington, D.C.

The <u>Mineta Transportation Institute's</u> report, <u>Bikesharing</u> and <u>Bicycle Safety</u>, enhances our understanding of the factors influencing bikesharing safety and evaluates available data to determine if bikesharing has been safer or more dangerous than regular bicycling in terms of collision rates. The study found that bikesharing users have lower vehicle-involved collision rates than standard measures of collision rates for personal bicyclists. This implies that bikesharing users appear to avoid collisions more than regular cyclists, which naturally reduces their exposure to injury. Additionally, <u>Bikesharing and Bicycle Safety</u> explored the role of "safety in numbers" in bikesharing, and whether bikesharing activity contributes to a reduction in the broader number of bicycle collisions within operating areas. The study concluded that there is no strong evidence that bikesharing is having a broader safety in numbers impact on bicycling overall.

To develop these findings, researchers examined bikesharing safety from both qualitative and quantitative perspectives. Through four focus groups, researchers evaluated the perceptions



No. 97

Helmet Kiosk for the Pronto Cycle Share System in Seattle, WA.

of bikesharing usage and safety with bikesharing members and nonmembers in the San Francisco Bay Area. Researchers interviewed experts from a variety of fields across the country to document the opinions and perspectives on bikesharing safety. Finally, researchers analyzed bicycle and bikesharing collision data as well as bikesharing activity data from three different bikesharing regions including: Minneapolis-Saint Paul, the San Francisco Bay Area, and Washington D.C.

While the report finds that bikesharing users have been "safer" than regular bicyclists in terms of avoiding vehicleinvolved (and other) collisions, this analysis does not suggest that bikesharing users are more protected in the event of collisions. Bikesharing user safety would still benefit from increased helmet use. Much like a seatbelt in a car, use of a helmet does not influence the odds of having a collision, but rather reduces the odds of a serious injury in the event of one.

The key reasons for the reduced vehicle-involved collision rates of bikesharing users were not definitively established in this study, but qualitative methods pointed to several possible explanations. Expert interviews and focus group participants independently pointed to bikesharing user behavior and bicycle design as possible factors for reduced



A comparison of risk factors of bikesharing vs. private cycling.

collision rates. In particular, bikesharing bicycles are designed in ways that promote stability and slower speeds, which mitigate the factors often contributing to collisions. Experts indicated that bikesharing tends to attract novice and infrequent riders. Although less experienced, these riders may be cautious, defensive riders and more riskadverse. People have experienced serious injuries on bikesharing bicycles, but to date (March 2016) no fatalities have occurred in U.S. bikesharing systems. A number of bikesharing fatalities have occurred outside the United States, including Canada, Mexico, and Europe.

This study motivates further research into bikesharing safety. A greater understanding of the reasons for the lower injury and fatality rate of bikesharing could help maintain or improve the bikesharing safety record, and may aid in improving bicycle safety more broadly. Theories for further consideration include, but are not limited to:

• Bikesharing bicycles are generally more visible and recognizable. Bikesharing bicycles typically light up at night and are painted in bright colors.

- Bikesharing equipment is typically heavier and designed with fewer gears, leading to slower and more stable riding, mitigating risky behaviors and contributing factors to bicycle collisions.
- Bikesharing riders may be more cautious while riding. Demographics may also impact bikesharing safety. Surveys of bikesharing users consistently suggest that they do not reflect the general population, but among other characteristics, are younger and more educated.
- Bikesharing bicycles are rented and typically require a deposit. People using bikesharing equipment may be more careful on equipment that is not their own and of which they are less familiar.

Further research on methods for encouraging helmet use among bikesharing users would also contribute to bikesharing safety. Overall, research evaluating the safety of bikesharing, the cause of collisions, and its potential impact on broader cycling could help advance safety in all areas of bicycling.

About This Project

Elliot Martin, Ph.D. is a Research Associate with the Mineta Transportation Institute (MTI). He is an Assistant Research Engineer with the Transportation Sustainability Research Center (TSRC) at the University of California, Berkeley, and an Affiliate Researcher with the Lawrence Berkeley National Lab. Martin conducts research on shared mobility, greenhouse gas emissions, modal shift, household vehicle holdings, and public and freight transportation. For more information, please visit <u>http://transweb.sjsu.edu/project/1204.html</u>. Karen Philbrick, Ph.D. (karen.philbrick@sjsu.edu) is the Executive Director of The Mineta National Transit Research Consortium (MNTRC), which is composed of nine university transportation centers led by the Mineta Transportation Institute at San Jose State University. MNTRC focuses on addressing policy and technical matters to deliver solutions that improve public transportation, including research to meet the USDOT strategic goals of safety, state of good repair, economic competitiveness, livable communities, and environmental sustainability.

> This newsletter highlights some recent accomplishments and products from one University Transportation Center (UTC). The views presented are those of the authors and not necessarily the views of the Office of the Assistant Secretary for Research and Technology or the U.S. Department of Transportation.

