September 1982 Final Report DOT HS-806-330

18 J. 1



of Transportation National Highway Traffic Safety Administration Norms and Attitudes Related to Alcohol Usage and Driving: A Review of the Literature. Volume II: A Meta-Analysis of Primary Prevention Studies

Thomas Nagy

Creative Associates, Inc. 3201 New Mexico Avenue, N.W. Suite 270 Washington, D.C. 20016

Contract No. DTNH22-81-C-07358 Contract Amount \$178,512

This document is available to the U.S. public through the National Technical Information Service, Springfield, Virginia 22161

This document is disseminated under the sponsorship of the Department of Transportation in the interest of information exchange. The United States Government assumes no liability for its contents or use thereof.

۰.

Š

ADDENDUM

Recognizing the magnitude and complexity of the alcohol-impaired driving problem, the National Highway Traffic Safety Administration reexamined its alcohol program and, in 1981, developed an Alcohol Highway Safety Program Plan calling for an integrated problem solving effort at all levels of government and society. The plan emphasizes six major points:

- 1. <u>General Deterrence</u> (short term): programs oriented toward deterring the majority of drunk drivers who are never arrested (rather than "treating" the few who are) for short term impact.
- 2. <u>Community Focus</u>: program emphasis and responsibility is placed at the local level.
- 3. <u>Systems Approach</u>: integration of the coordinating, enforcement, prosecution, adjudication, education/treatment, public information/ education, and licensing functions at the local and State level, as appropriate.
- 4. <u>Financial Self-Sufficiency</u>: assessing fines, court costs, treatment tuition fees, etc., to convicted offenders to defray the costs of local and community programs.
- 5. <u>Citizen Support</u>: generating community and citizen support for comprehensive community programs (to provide a political hase for increased countermeasure activity).
- 6. <u>Prevention</u> (long term): efforts toward changing societal attitudes toward drinking and driving through long-term prevention/education programs.

This report addresses the final point--development of programs for preventing alcohol-impaired driving. It is felt that achievement of long-term reductions in the magnitude of the drinking/driving problem necessitates the establishment of societal norms emphasizing individual responsibility and making alcohol-impaired driving unacceptable behavior. The intent of this report is to provide a foundation for developing prevention programs to achieve such long-term reductions in alcohol-impaired driving. The literatures on health prevention programs and on attitudes related to alcohol-usage and driving were reviewed as the first step in identifying promising approaches for preventing alcohol-impaired driving. This report, in four volumes, summarizes (1) information available on attitudes related to alcohol-usage and driving, (2) factors associated with "successful" prevention programs, and (3) data on perceptions of the drinking/driving problem and its possible solutions collected through individual interviews and focus groups.

This report will be most useful to individuals interested in planning, designing, and developing programs to prevent alcohol-impaired driving, for it provides information about the <u>issues</u> which should be addressed when designing such programs. This report is <u>not intended</u> for use by program implementers, as it <u>does not</u> provide information on already-developed and tested drunk-driving prevention programs, nor does it provide detailed outlines on how to establish such programs.

State and local program designers/developers, health professionals and educators interested in drinking-driving programs may each find this report of interest. Those interested in changing attitudes about drinking and driving and in issues associated with attitude-change programs should find Volume I useful. Information about "success" factors associated with public health prevention programs (e.g., smoking, hypertension, substance abuse) can be found in Volume II. In designing drunk-driving prevention programs, . this information can be used to avoid some of the pitfalls of previous health prevention efforts. Volumes III and IV contain information, collected through individual interviews and focus groups, on the drunk-driving problem and its possibilities for solution. While these data are based on small, selected samples and are not generalizable, they do provide insight into the magnitude and complexity of the drinking-driving problem. These two volumes may be of particular interest to persons working with youth programs, school-based programs and/or parent-child programs. Finally, a short, summary booklet outlining issues associated with, and providing suggestions for, developing drinking-driving prevention programs is included as part of this report. While this booklet is helpful in providing a short overview of suggestions for developing programs to prevent alcohol-impaired driving, users of this report are encouraged to refer to the appropriate volume containing the more complete background and empirical information when designing their drinking/driving prevention programs.

Technical Report Documentation Page

1

1. Report N		2. Government Acce	No.	Recipient's Catalog	No.	
рот н	S 806 330					
4. Title and				Report Date		
Norms	and Attitudes Rela	ted to Alcohol	Usage and	September, 198	2	
	ng: A Review of the analysis of Primary			6. Performing Organization Code		
me La -	lialysis of Frindry	Prevention Stu		Performing Organizat	D No	
7. Author's)				Perlorming Urganiza		
Thoma	s Nagy, Ph.D, Princ	ipal Investigat	tor			
9, Pertermi	• Organization Name and Addre			. Work Unit No. (TRA	15)	
	ive Associates, INC					
	New Mexico Ave., NW	Suite 270		Contract or Grant N		
wasni	ngton, D.C. 20016		Louis	DTNH22-81-C-07	the second s	
12 500000	ng Agency Name and Address			. Type of Report and i	Period Covered	
	Department of Trans	portation		Final Report		
Natio	nal Highway Traffic	Safety Adminis	stration	June 1981 to S	eptember 1982	
400 s	eventh Street, SW	•		· Sponsoring Agency (Code	
	ngton, D.C. 20590		<u> </u>	<u></u>		
15. Suppiem					•	
1 1115	is the second of fo	ur volumes unde	er this contract.			
1						
alcoh and c studi obesi impro The f were devia techn when great be su and d confi logic conse volum Repor	ol use and driving. onclusions of a met. es dealing with the ty, hypertension) we vement in recipient indings indicated t more successful tha nce. Technological ology and drug inte the site of the int er improvement. The ccessful and useful riving. Although a rm the outcomes in al basis for polici quences. Informati es of this report a t of Individual Int	This volume n a-analysis of p prevention of ere analyzed to s receiving pr hat programs in n programs in a , pharmacologic rventions were ervention was of e author conclu- in programming dditional prima this study, the es and program on on the other s follows: Volume r Developing P	s information about norms and attitides related to his volume reports the methodology, findings, discus nalysis of primary prevention studies. Controlled evention of non-infectious diseases (e.g., heart atta analyzed to determine what factors were associated eceiving primary prevention interventions. programs in areas related to health or reducing acc rograms in areas of substance abuse, mental health a harmacological and combinations of education, inform ntions were the most successful interventions. Furt ention was other than a school, the recipients exper uthor concluded that primary prevention intervention programming aimed at reducing the incidence of drin tional primary prevention studies should be analyzed s study, the study establishes primary prevention as and programs aimed at coping with drunk driving and on the other aspects of the project can be found in ollows: Volume I - Review of the Literature; Volume iews; Volume IV - Report of Focus Groups; and a book eveloping Prevention Programs to Reduce the Incidence			
17. Key Wer			18. Distribution Statemen	· · · · · · · · · · · · · · · · · · ·		
Prima	ry Prevention, Publ	ic Health.			he U.S. public	
1	Meta-analysis, Drinking and Driving,		-	ational Techn		
DWI	,		1	ervice, Sprin 161	griera,	
· ·			*++8+111a 22	TOT		
19. Security	Classif, (of this report)	20. Security Cles	l sif. (of this page)	21. No. of Pages	22. Price	
			- -			
	·					

1

Form DOT F 1700.7 (8-72) Reproduction of form and completed page is authorized

METRIC CONVERSION FACTORS

Acatavias	nta Conversi	lana ta i	li etele	Massura

	White a summer a factor	versions to Matri	i Maasures		a	Approximate Conve	rsions from Mel	irie Monsuras	
N	When You Know	Multiply by	To find	Symbol	Symbol	When Yay Kaow	Multiply by	To find	Sya
				-	# 	·	LENGTH		
		LENGTH				millimeters	0.04	inches	
	·				MR # cm	centimeters	0.4	inches	
	la sha a	-2.5				malers	3.3	feet	
	inches feet	-2.5	Continutors Continutors	CM CM		meters	1.1	yarda	
	vards	.	Community Molecu		lun l	ki loneter s	0.6	miles	
	miles	1.4	hilometers	. ha	2				
							AREA		
	Castle	AREA		•	2				
				2		square centimeters	0.18	square inches	·
	aquart inches aquart feet	6.5 0.00	Square contimetors Square Sectors	ະ ແນ ² ສ ²		squère metèrs	1.2	aquare yards	
	square yards	0.0		2	bm ²	aquere kilometers	0.4	square miles	
	egrare miles	2.4	sause hilameters		z ki	hectares (10,000 m ²)	8.5	acres	
	40785	8.4	beclares	ha	´				
		HASS (weight)			n '		ASS (weight)		
		aves (medal)				• · · · · ·			
		28	trame.		- •	grame	0.635	eușcê s	
	advands.	6.46	hilperame	ba .	10	kilograme	2.2	pounda	
	shart tang	0.9	lonnes	1	- 1	tannes (1000 kg)	1.1	short tans	
	(2000 (6)		•••••		2				
		VOLUME					VOLUME		
			mittiliters.	mi	e al	miffiliters	. 8.83	fluid aunces	
,	tablespage	16	millitors			liters	2.1	pints	
	theid Bunchin	30	millilitera	ani i	i	litera	1.06	quaris	
	Cupe	8.24	liters	1	- I.	titer a	0.26	gallens	
	pints	0.47	liters	i	÷1	cubic maters	36	cubic feet	
	quarts	9.96	titore	1	" 1	cubic motors	1.3	cubic yanta	
	gallers	1.0	litere	٩.,	•				
	cubic feet	0.03	cubic motors	m3		77.00			
	cubic yards	9.76	cubic motors	6 2	•••	IEM	PERATURE (exa	<u>n</u>	
	TEM	PERATURE (asoci)				Calaius	3/8 jihan	Fahranhait	
						temperature	add 32)	temperature	
	Fahranhoig	5/9 (alter	Celsius	*c	`				-
	temperature	subtracting	lomporature		•	_			7
		32)			*	•7 32	98-6		112 1
			يرد است المناكر بالشار المناط الريب لا			-40 0 40	80 180		
	tendetty). For other exact con			4 9 10 1		╋╍╄┲╋╍┺┰┺╍╋┲┻╍┫	20 40	aQ 4Q 8	

ACKNOWLEDGEMENTS

Creative Associates would like to acknowledge those people who contributed to the successful completion of this project. The contributions made by Dr. Maria Vegega, the Contract Technical Manager from NHTSA enhanced the quality of the final reports. In addition, Dr. Thomas Nagy provided invaluable information on the application of primary prevention to the problem of drunk driving. Special thanks to Brenda Bryant and David Kahler for their editorial assistance and to Pushpa Raj, Helen Phillips and Barbara Chowney for their superb clerical and production assistance. The following research was conducted under NHTSA contract #DTNH 22-81-C-07385 Norms and Attitudes Related to Alcohol Usage and Driving: A Review of the Relevant Literature. The purpose of this project was to provide a foundation for the development of prevention activities and programs to deter people from drinking and driving. To accomplish this purpose it was felt that, in addition to studying norms and attitudes, it was necessary to examine prevention studies to determine what factors influence the success or failure of prevention efforts.

This report analyzes prevention studies from the public health field and answers questions concerning 1) the percent of studies in which recipients of the prevention intervention are better off than the controls; 2) how much better off, the average person receiving an intervention is as compared to the controls; 3) what factors influence the degree of benefit the recipient of an intervention receives; and 4) what factors are associated with improvements in the recipient.

v

PREFACE

TABLE OF CONTENTS

Secti	on	Pagé
Ι.	INTRODUCTION	1
II.	METHOD	3
	Sample Instruments Procedures	3 3 5
III.	FINDINGS	7
	Amount of Benefit on All 94 Effect Sizes Amount of Benefit for Different Problem Areas Amount of Benefit in Different Interventions Amount of Benefit Based on Different Outcome Measures Success Factors Additional Analyses	7 7 9 10 13
IV.	CONCLUSIONS	- 17
۷.	REFERENCES	19
VI.	APPENDICES	21 (
	Appendix A: "A Prototype Decision Support System for Predicting Effects of Alternative Policies: A Case Study Using the Knowledge Management Support System" Appendix B: Identifying and Locating Studies	
	Appendix C: Studies Coded for Use in the Meta-Analysis Appendix D: Codebook	

ñ

LIST OF TABLES

.

		Page
Table l	Simple Frequency Distribution of Effect Sizes	8
Table 2	Amount of Benefit by Problem Type	8
Table 3	Amount of Benefit by Intervention	. 9
Table 4	Amount of Benefit by Outcome Measure	10
Table 5	Major Features of Studies and Their Definitions	11
Table 6	Stepwise Regression Procedure for Dependent Variable Effect Size Category	12
Table 7	Success Factors When Site = School	13
Table 8	Crosstabulation of Two Intervention Types in the School Setting by Trichotomized Effect Size	14
Table 9	Stepwise Regression Procedure for Dependent Variable Effect Size Category	14
Table 10	Problem Type = Substance Abuse	15

i,

SECTION I

INTRODUCTION

Primary prevention is the branch of public health which seeks to avoid the clinical manifestation of pathology such as injury, disease, or death. One motivation for studying primary prevention is that prevention is generally far less costly to society and victims than is remediation or palliation of pathology. The prevention of death and injury resulting from drunken driving has particular appeal because the clinical manifestations of death and injury are either irreversable, as in the case of death, or often very expensive to remediate, as in the case of serious injury. In addition, the extent of recovery possible from injury is oftentimes limited.

The types of studies involved with primary prevention extend over a broad range of interventions and problem areas sharing the common goal of seeking to avoid, rather than to treat, the occurrence of a pathology or problem. Despite its obvious potential benefits, primary prevention is a challenge to use wisely.

Primary prevention has been compared to the Okefenokee Swamp: "attractive from a distance . . . it lures the unwary into quagmires, into uncharted and impenetrable byways," (Murphy and Frank, 1979). Primary prevention is a largely untapped and unexplored resource, needing, not only detailed operating procedures and manuals, but some reliable road maps. Unlike clinical medicine and health care, which account for some 10 percent of the gross national product, the business of primary prevention is neither well established nor extensively researched. Primary prevention lacks a mature technology and large stock of experience. While literature reviews of primary prevention studies exist, those known to the authors (articles in Annual Review of Public Health and Annual Review of Psychology; Fielding, 1978; Schaps et al., 1980) have been either qualitative, or restricted to very few cases or one problem type only. Therefore, this study--meta-analysis--of primary prevention programs attempts to provide some of the roadmaps for developing primary prevention strategies that can be used to deter people from driving while intoxicated (DWI).

The present study provides a quantitative measure of the attractiveness of primary prevention. The figure of merit or "attractiveness" used is Glass et al.'s (1981) effect size which indicates how well (or poorly) the average person receiving the intervention (prevention program activity) fared compared with people in a control group. Effect sizes are computed on outcome measures (also known as "dependent variables" or "indicator variables"). These outcome measures reflect the success or failure of interventions as indicated by changes in behavior, stated attitude, notation of medical condition, or measured level of knowledge. In each instance the purpose of the outcome measure is to capture the effect (or lack of effect) of some intervention. The effect size is defined as the difference (on some outcome measure) between the mean of the group receiving the intervention and the mean of the control group divided by the standard deviation of the control group. The name given to the statistical analyses of the effect sizes is "Meta-analysis." In order to chart the field of primary prevention, so it could be applied to the prevention of drunk driving, a sample of studies comparing the effects of receiving a primary prevention intervention with not receiving the primary prevention were identified, coded, and analyzed. The analyses permitted fundamental questions to be answered:

- In what percent of studies are the recipients of the prevention intervention better off than the controls?
- How much better (or worse) off is the average person who receives a primary prevention intervention compared with the controls?
- How does the degree of benefit vary by:
 - -- type of problem addressed by the intervention?
 - -- type of primary prevention intervention used?
 - -- type of outcome measure?
- What are the success factors, i.e., the components of a primary prevention program that are associated with improvement in the recipients?

These questions were answered using statistical analyses including cross tabulations and multiple regression. In addition, a prototype decision support system (DSS) was constructed using the first 37 effect sizes computed. A decision support system permits the user to exploit statistical information quickly and easily. First, the DSS prompts the user to describe a potential intervention and its features. The DSS then responds by describing the probability that the intervention will have a negligible, medium, or high benefit. Another motivation for building the decision support system is that it can operate with incomplete data. This capability to handle incomplete data differs from the traditional statistical report which is hard to apply to a specific case in the absence of data. See Nagy, Nagy and Reggia (1982) which is attached as Appendix A, for a complete discussion of these issues.

.

-2-

SECTION II

METHOD

Sample

All studies in the sample met the inclusion criteria of being a primary prevention study in which persons who received the primary prevention intervention were compared to persons in a control group. Again, the distinction between primary, secondary, and tertiary prevention is that the former seeks to prevent the occurrence of pathology while the latter seek to limit the damage caused by the pathology or to aid in recovery. An example of this distinction would be the prevention of poisoning versus the treatment of poisoning victims.

Studies were excluded from the sample if they dealt with infectious diseases because infectious diseases can be handled with tactics unique to them, namely, innoculation and quarantine. Conversely, non infectious diseases make use of interventions other than innoculation and quarantine such as education, information, technology and legislation.

The units of analysis were individual effect sizes showing how well persons receiving the intervention fared relative to persons in a control group. One effect size was calculated for each outcome measure (dependent variable) from each study. In all there were 94 effect sizes which arose from 37 studies.

Initially, a random sample consistent with the above inclusion and exclusion criteria was to be drawn from the UCLA Data Base of Program Evaluations. However, repeated efforts to use this source failed, due to non-cooperation. Eventually, 100 studies satisfying our criteria were located through computerized searches and consultations with individuals. See Appendix B, "Identifying and Locating Studies" for more detail.

The hundred studies were reduced to a total of 37 after eliminating those which closer inspection revealed did not meet the inclusion/exclusion criteria or whose effect sizes were too difficult or impossible to compute. Although Glass, et al. (1981) provide numerous methods for computing effect sizes from a wide variety of statistical results, the determination of whether one or any of his methods is applicable is time consuming and involved. In the majority of cases in which studies were eliminated, the problem stemmed from difficulty in computing the effect size, due to the incomplete reporting of statistical results. From these remaining 37 studies, the 94 effect sizes were calculated. See Appendix C for a list of the 37 studies used in the meta-analysis.

Instruments

Features of the studies were operationalized by constructing a code book. The code book was based on the two seminal sources for meta-analysis: Glass, McGaw, and Smith (1981) and Smith, Glass, and Miller (1980), as well as the epidemiological/technological view of Baker (1973). The major features that were coded included: type of sample (whether from a population at risk or not); type of problem; type of intervention; type of outcome; frequency of contact with intervention; site of intervention; level of demand on subjects; and whether a check was made on the extent to which the intervention was received. These features were used because a basic motivation for this study was to investigate the level of success or failure of primary prevention by:

- problem type,
- intervention type, and
- outcome type,

as well as other major features of the studies.

Because another prime objective for the study was the identification of success factors, additional potential success factors were coded (i.e., sample size, research design, length of follow-up period). Unfortunately, these were not used because of excessive missing data or insufficient variance. The chart which follows highlights the variables coded.

Major Features of Studies and Their Definitions

Variable

Definition

- 1. Sample was chosen for being at risk for the problem under study.
- 1 = sample was drawn from a population at high risk (manifesting some symptom of the problem) or at risk (having the potential of manifesting the symptom in the absence of intervention).
- 0 = the sample was drawn from a population neither "at risk" nor at "high risk" for the problem.
- 2. Problem addressed by the intervention
- 3. Intervention Type

1 = technology

2 = accidents

- 2 = drugs
- 3 = combination
- 4 = education
- 5 = other (psychotherapy or legal)
- 6 = information/media

1 = physical condition

3 = substance abuse 4 = psychological/deviance

4. Outcome Type

- 1 = physical condition
- 2 = knowledge or attitude
- 3 = behavior

major reacures of Studi	es and their pertitions (cont d)
5. Frequency of contact is high	<pre>1 = the intervention involved 3 or more</pre>
6. Site of the intervention is a school	<pre>1 = the environment in which the treatment was administered was a school 0 = the environment in which the treatment was administered was not a school but a home, place of work, medical clinic, hospital, mental health center, other public facility, more than one of the above, other or unspecified.</pre>
7. Level of demand on the subject is minimal	 1 = demand on the subject is minimal (for example, the proper use of child-resistant medicine container) 0 = demand on the subject is high; the subject is required to change a long standing habit.
8. At least one check was made to measure whether the interven- tion was received	<pre>1 = at least one of the following checks was made: pencil and paper test or ques- tionnaire, physiological test, second review, interview, observation, com- bination, other.</pre>

Major Features of Studies and Their Definitions (Cont'd)

0 = no check(s) was indicated

See Appendix D for a copy of the code book which shows all the features coded.

Procedures

2

Two staff members coded the studies. Based on a sub-sample of independently coded experiments, the inter-rater reliability is estimated to be between 0.8 and 0.9, which is judged to be satisfactory. The effect size was coded using information and formulas contained in chapter five of Glass et al. (1981) and the appendix, "Formulas and conventions for calculating effect sizes" in Smith et al. (1980).

SECTION III

FINDINGS

Amount of Benefit Based on All 94 Effect Sizes

Statistical analysis of the 94 effect sizes from the 37 primary prevention experiments showed that in more than 86 percent of all comparisons, the average person who received a primary prevention intervention fared better than the average control. This result is evident from inspection of Table 1, the simple frequency distribution of all 94 effect sizes found on the next page. The effect sizes ranged from -0.7 to 3.8. In approximately five percent of the comparisons, the effect size is negative, indicating that the intervention left the average recipient of the intervention worse off than did no intervention at all. Of all five studies that produced negative effect sizes, two used educational interventions and three psychotherapy. Finally, approximately nine percent of comparisons showed no effect, either positive or negative. These results were random and were scattered among all the interventions.

Turning to the question of the average benefit (if any) accruing from receiving a prevention intervention, the same Table 1 indicates a median effect size of 0.6. An effect size of 0.6 means that the average person receiving a primary prevention intervention fared better than 72 percent of all the controls. (The mean effect size is 0.75, somewhat higher than the medium effect size because the absolute magnitude of the highest effect sizes was greater than that of the lowest effect sizes.)

Next the average amount of benefit was examined separately for:

- type of problem addressed by the intervention;
- type of primary prevention intervention used; and
- type of outcome measure.

Amount of Benefit for Different Problem Areas

The greatest benefits were found in primary prevention studies attempting to improve physical health or to reduce accidents. In both these problem types, the average person receiving the intervention was better off than 79 percent of the control group. The three major interventions used were pharmacological, technical, and combinations of interventions. Less benefit resulted in attempting to reduce substance abuse and to improve mental health or reduce deviant behavior: the average recipient of the prevention strategy exceeded 66 percent of the controls in substance abuse studies and 60 percent of the controls in psychological health and deviance studies. Table 2 on the next page shows median benefit in each of the four problem types as well as the number of effect sizes in each of the problem types which were available for analysis.

Table 1

Simple Frequency Distribution of Effect Sizes

Effect Size	Frequency	Cumulative Frequency	Percent	Cumulative Percent
-0.7	1	1	1.06	1.06
-0.6	i	2	1.06	2.12
-0.5	1	3	1.06	3.19
-0.4	1	4	1.06	4.25
-0.2		5	1.06	5.31
0.0	8	13	8.51	13.83
0.1	2	15	2.12	15.95
0.0	15	30	15.95	31.91
	Δ	34	4.25	36.17
0.3 0.4	7	41	7.44	43.61
0.5	3	44	3.19	46.80
0.6		53	9.57	56.38
0.7	9	56	3.19	59.57
0.8	11	67	11.70	71.27
0.9	1	68	1.06	72.34
1.0	5	73	5.31	77.66
1.2	3	76	3.19	80.85
1.2	•	. 78	2.12	82.97
1.3	2	81	3.19	86.17
그는 그 것 같아. 한 전자		- 82	1.06	87.23
1.7		83	1.06	88.29
1.8		84	1.06	89.36
1.9	1	85	1.06	90.42
2.2			3.19	93.61
2.3	3	88		
2.5	3	91	3.19	96.80
2.7		92	1.06	97.87
3.3	Į	93	1.06	98.93
3.8		94	1.06	100.00

Table 2

Amount of Benefit by Problem Type

.

By Problem Type	Surpassed	f Controls by Average Person Intervention	Number of Effect Sizes
 Physical Condition Accidents Substance Abuse Psychological/Deviance 	3	79 79 66 60	21 24 33 16
			otal 94

-8-

Amount of Benefit in Different Interventions

Technological interventions, such as child-resistant medicine containers and drug therapies for persons with the early stages of hypertension, as well as combinations of interventions yielded the highest average benefits. The average person receiving these interventions fared better than 99 percent, 82 percent, and 79 percent of the controls, respectively.

Primary prevention based on education or information did relatively poorly, as did "other" interventions (these are comprised of psychotherapy and legal). Interventions with fewer than nine effect sizes were grouped together as "other." The average person receiving education, information, or "other" interventions fared better than 66 percent, 58 percent, and 59 percent of the controls, respectively.

Interestingly, primary prevention based on a combination of both education and information did quite well. As previously stated, outcome measures included knowledge, attitude, physical condition, and behavior. In 80 percent of studies using a combination of education and media, the average person surpassed at least 66 percent of the controls. In those combinations of treatment programs in which both education and information were not used, in only 46 percent of the time did the recipients exceed at least 66 percent of the controls. See Table 3 for the percent of controls surpassed by the average person receiving each intervention type. Table 3 also shows the number of effect sizes on which this measure of benefit is based.

Table 3

Amount of Benefit by Intervention

By	Intervention Type	Percent of Controls Surpassed by Average Person Receiving Intervention	Number of Effect Sizes
1.	Technology	99	9
2.	Drugs	82	10
3.	Combination	79	28
4.	Education	66	21
5.	Other (Psychotherapy	50	10
c	or Legal)	59	13
6.	Information/Media	58	13
		Tota	1 94

Amount of Benefit Based on Different Outcome Measures

Physical health measures (e.g., blood pressure, mortality rates) showed the greatest improvement: the average person receiving a primary prevention intervention in a program that measured physical health fared better than 84 percent of persons in the control group. Persons in primary prevention programs which measured their outcome in terms of behavior or knowledge or attitude change showed, on the average, a more modest improvement. Those receiving an intervention did better than 66 percent to 67 percent of the controls, respectively. See Table 4.

Table 4

Amount of Benefit by Outcome Measure

By Outcome Measure		Percent of Controls Surpassed by Average Person Receiving Intervention	Number of Effect Sizes	
1.	Physical Condition	84	28	
2.	Knowledge or Attitude	67	20	
3.	Béhavior	66	46	
		Total	94	

Success Factors

Stepwise linear regression was performed to determine which factors were most closely associated with the success or failure of primary prevention interventions. Candidate success factors were added until no more met the stopping rule for adding predictors to the model: a predictor is not entered unless the probability that its regression weight is zero, is less than 15 chances out of 100 (Helwig and Council, 1979). This stopping rule was used to avoid entering variables that made negligible contributions to our understanding of the correlates of success and failure.

The dependent variable was the effect size trichotomized as follows:

- 1 if the effect size was less than 0.4;
- 2 if the effect size was between .4 and .99;
- 3 if the effect size was greater than .99.

Trichotomization was performed to prevent distortion of the regression analysis due to extreme values. Nine variables were used in the regression analysis. Six of them met the criterion for inclusion. The remaining variables had either too much missing data or too little variance. All of the variables, their definitions and the values of the variables associated with success are shown in Table 5.

Table 5

Major Features of Studies and Their Definitions

Asterisk(*) denotes value of variable associated with success. If no value of a variable is marked with an asterisk, than the variable is not a success factor.

Variable

Definition

- 1. Type of sample 1 = sample was drawn from a population at high risk (manifesting some symptom of the problem) or at risk (having the potential of manifesting the symptom in the absence of intervention). *0 = the sample was drawn from a population neither at risk nor at high risk for the problem. 2. Frequency of contact is high *1 = the intervention involved 3 or more contacts 0 = the intervention involved less than 3 contacts.
 - 1 = the environment in which the treatment was administered was a school.
 - *O = the environment in which the treatment was administered was not a school but a home, place of work, medical clinic, hospital, mental health center, other public facility, more than one of the above, other or unspecified.
 - *1 = demand on the subject is minimal (for example, the proper use of child-resistant medicine container)
 - 0 = demand on the subject is high; the subject is required to change a long standing habit.
 - 1 = outcome measure is a behavior.
 - *0 = outcome measure is knowledge, attitude or physical condition.
 - *1 = intervention consists of more than one of the following interventions: education, information, technology, drugs, other (psychotherapy or legal).
 - 0 = Intervention consists of just one of the following interventions: education, information, technology, drugs, other (psychotherapy or legal).

- 3. Site of the intervention is a school

- 4. Level of demand on the subject is minimal
- 5. Type of outcome measure is a behavior
- 6. Type of intervention is more than one single intervention

-11-

Table 5 (Cont'd)

Major Features of Studies and Their Definitions

	Variable	Definition
7.	Type of intervention is education	<pre>1 = intervention consists of education. 0 = intervention is not education.</pre>
8.	Type of intervention is informa- tion	<pre>1 = intervention consists of information. 0 = intervention is not information.</pre>
9.	Type of intervention is technology	<pre>1 =intervention is technology 0 = intervention is not technology</pre>
10	 Extent to which receipt of the intervention was checked 	<pre>1 = at least one check was reported. 0 = no checks were reported.</pre>

The extent of benefits to be expected from primary prevention programs is at least moderately predictable (R^2 = .35). The best predictors are the type of population used, the characteristics of the intervention and the setting of the intervention.

Table 6 shows the results of the stepwise linear regression.

Table 6

Stepwise Regression Procedure for Dependent Variable Effect Size Category

R SQUARE = 0.356

,

Ŧ

	DF	Sum of Squares	Mean Square	F	Prob F
Regression Error Total	6 87 93	21.14 38.17 59.31	3.52 0.43	8.03	0.0001
	B Value	STD Error	Type II SS	F	Prob F
Intercept Risk Frequency School No Effort Benavior Combination	2.27 -0.78 0.60 -0.53 0.50 -0.36 0.44	0.24 0.20 0.16 0.20 0.14 0.18	4.66 3.64 4.66 2.53 2.80 2.53	10.63 8.31 10.63 5.77 6.40 5.77	0.001 0.005 0.001 0.018 0.013 0.013

Additional Analyses

ڊ. •

The above findings raised additional questions. Schools are convenient sites for prevention efforts. What factors are most closely associated with success in prevention efforts whose sites are schools? To answer this question stepwise regression analysis was performed on the 34 effect sizes which arose from studies done in schools. The three variables most closely associated with success consisted of:

- 1. No checks were indicated to measure the extent to which subjects received the treatment;
- 2. The outcome measure of the experiment was not behavior; and
- 3. The intervention strategy used was not information.

Table 7 below shows the regression analysis.

Table 7

<u>.</u>

÷ . .

Success Factors When Site = School

Stepwise Regression Procedure for Dependent Variable Effect Size Category

		Sum of	R SQUARE = 0.257		
	DF	Sum of Squares	Mean Square	F	Prob F
Regression Error Total	3 30 33	2.18 6.28 8.47	0.72 0.20	3.47	0.028
x.	B Value	STD Error	Type II SS	F	Prob F
Intercept Check Behavior Information	2.01 -0.34 -0.36 -0.51	0.19 0.16 0.19	0.65 0.99 1.39	3.14 4.74 6.68	0.086 0.037 0.014

Crosstabulation analysis supplemented the above regression analysis and showed that combinations of interventions worked relatively well in school settings but education-based interventions did not. See Table 8 below.

Table 8

Crosstabulation of Two Intervention Types in the School Setting by Trichotomized Effect Size

Effect Size

	Less than .4	Between .4 and .99	Greater than .99
Intervention			
Education	9	10	0
Combination (e.g., Educa- tion and In- formation)	5	9	7

Since behaviors are frequently the object of change in prevention efforts, regression analysis was undertaken to seek success factors in these sorts of studies. Table 9 below shows that the two variables most closely associated with success consisted of:

- 1. The site of the study was not a school; and
- 2. The intervention consisted of a combination of educational, informational, pharmacological and technological interventions.

Table 9

Stepwise Regression Procedure for Dependent Variable Effect Size Category

R SOUARE = 0.21970167

	. DF	Sum of Squares	Mean Square	F	Prob F
Regression Error Total	2 43 45	6.00 21.32 27.32	3.00 0.49	6.05	0.004
	B Value	STD Error	Type II SS	F	Prob F
Intercept School Combination	1.77 -0.57 0.49	0.21 0.22	3.48 2.42	7.02 4.88	0.011 0.032

The average person in a prevention program in which the problem addressed was substance abuse, fared better than only 66 percent of the controls (see

Table 2). Since the goal of any DWI prevention program would be to change alcohol use habits as they relate to drinking and driving, further analysis was conducted to determine what factors were related to positive outcomes for substance abuse. Table 10 below indicates that the two variables most closely associated with success consisted of:

- 1. The site of the study was not a school, and
- 2. The intervention was not information.

Table 10

Problem Type = Substance Abuse

Stepwise Regression Procedure for Dependent Variable Effect Size Category

				R SQUARE = 0.43202	2531	
	DF		SUM OF SQUARES	MEAN SQUARE	F	PROB F
REGRESSION ERROR TOTAL	2 30 32		5.60 7.36 12.96	2.80 0.24	11.41	0.0002
	В	VALUE	STD ERROR	TYPE II SS	F	PROB F
INTERCEPT SCHOOL INFO	2.42 -0.86 -0.56		0.21 0.30	4.00 0.84	16.29 3.45	0.0003 0.0730

NO OTHER VARIABLES MET THE 0.1500 SIGNIFICANT LEVEL FOR ENTRY INTO THE MODEL.

SECTION IV

CONCLUSIONS

The fact that, in 86% of all comparisons, the average person receiving a primary prevention intervention fared better than the average person in the control group indicates that primary prevention holds substantial potential for reducing the effects of DWI accidents. Further support is furnished by the fact that the average person receiving a primary prevention intervention fares better than all but 28% of persons not receiving the intervention.

Additional scrutiny shows that when the problem type is physical condition or accident, the average person receiving the primary prevention intervention exceeds all but 27% of the group not receiving the intervention. Furthermore, in those studies measuring physical condition as the indicator of success or failure, the average person receiving the intervention fared better than all but 16% of those in the control group. Finally, persons receiving technological interventions fared better than all but 1% of the control group (caution should be exercised in interpreting this finding due to the small number of effect sizes on which it is based).

Especially encouraging is the finding that, although both education and information are less effective when used alone, in combination they exhibit a synergistic effect. In 80% of the studies using a combination of education and media, the average person receiving the intervention fared better than at least 66% of the controls.

. 6. 1

Because success is moderately predictable ($R^2 = .35$) the success factors identified by the meta-analysis can be used in strategic planning of primary prevention programs to deter DWI. However, these highly encouraging findings must be tempered by the fundamental question of epidemiology. "Is it (the reported finding) real?" There is no substitution in science for replication; therefore, further samples of primary prevention programs should be analyzed to confirm the outcomes reported in this study. In summary, this study establishes primary prevention as the logical basis for policies and programs aimed at coping with drunk driving and its consequences.

Additional Conclusions

Meta-analysis is judged to be a useful supplement to traditional, qualitative literature reviews, but due to low standards in reporting the results of studies and the newness of meta-analysis itself, a great deal of time and effort is required to perform and interpret meta-analyses.

The Knowledge Management System (KMS) could be used to improve the speed and accuracy of coding studies including calculating effect sizes.

Glass et al. (1981) provide some 15 formulas for estimating the effect size based on different sets of statistical results which re-

searchers commonly furnish. Deciding which formula to apply and then making the required calculations is often complex and error prone. KMS supports both rule-based deduction (characterized by if-then logic) and calculations. There is, therefore, considerable potential for saving time and improving the accuracy of the findings by writing another DDS (decision support system), not for the end user, but for the DDS producer. This DSS will prompt for whatever set of statistical results the researcher reported and either calculate the effect size or indicate that based on the inputs furnished, no effect size can be calculated.

Furthermore, the speed and reliability of coding of the studies can be improved by constructing a decision support system for coders which will prompt them for features of studies and use production system logic to develop higher level inferences such as the type of experimental design used (Nagy, Nagy, and Reggia, 1982).

If information from meta-analysis is used routinely, then it should be highly advantageous to continue to supplement traditional methods of reporting results with the more convenient format of the decision support system model which permits the policy maker to rank proposals and to perform "what if" analysis easily and quickly, despite missing data on some success factors (Nagy, Nagy, and Reggia, 1982).

SECTION V

REFERENCES

- Baker, S.P. "Injury control." In Sartwell, P.E. (Ed.), Public Health, 9th Edition. New York: Appleton-Century-Crofts, 1973.
- Fielding, J.E. "Success of Prevention," <u>Milbank Memorial Fund Quarterly</u>, Vol. 56, No. 3, 1978.
- Glass, G.V., McGaw, B., and Smith, M.L. Meta-Analysis in Social Research. Beverly Hills: Sage Publications, 1981.
- Hyde, J.S. "How Large are Cognitive Gender Differences?" <u>American</u> Psychologist, Vol. 36, No. 8, 892-901.
- Murphy, L.B., and Frank, C. "Prevention: the clinical psychologist." <u>Annual</u> <u>Review of Psychology</u>, Vol. 30, 1979.
- Nagy, T.J., Nagy, L.L., and Reggia, J.A. "A prototype decision support system for predicting effects of alternative policies: a case history using the Knowledge Management System. In Whiteleather, G.L. (Ed.) <u>Computing and Government: Interactions and Achievements</u>, Proceedings of the 21st Annual Technical Symposium. Washington, DC: Association for Computing Machinery, 1982.
- Schaps, E., et al. A Review of 127 Drug Abuse Prevention Program Evaluations. Lafayette, CA: Pacific Institute for Research and Evaluation, 1980.

Smith, M.L., Glass, G.V., and Miller, T.I. <u>The Benefits of Psychotherapy</u>. Baltimore: The Johns Hopkins University Press, 1980.

SECTION VI

į.

÷

APPENDIX A "A Prototype Decision Support System for Predicting Effects of Alternative Policies: A Case Study Using the Knowledge Management Support System"

A PROTOTYPE DECISION SUPPORT SYSTEM FOR PREDICTING EFFECTS OF ALTERNATIVE POLICIES: A CASE STUDY USING THE KNOWLEDGE MANAGEMENT SYSTEM

Thomas J. Nagy, Lorraine Lynch Nagy, James A. Reggia

Government decision makers are often faced with the formidable task of choosing between a very large number of possible policy interventions and configurations of policy interventions. Meta-analysis, a statistical technique for summarizing the outcomes of policy experiments, should be of assistance to decision makers in ranking and fine-tuning policy. Unfortunately the typical meta-analysis is not immediately useful to the decision maker.

This paper is a case history of the construction of a prototype decision support system (DSS) to enable decision makers to reap the benefits of metaanalysis without making a prohibitive investment in time or cost. We describe the requirements of the DSS and how we were able to meet these requirements by using the Knowledge Management System, a very high level programming environment for constructing DSS's. After describing the four step technique for building a DSS using the Knowledge Management System, we show a sample user session with the resulting prototype DSS and summarize the lessons learned.

Key words: Artificial intelligence, Bayesian classification, case history, decision making, decision support system, knowledge base, meta-analysis,very high level programming environment.

1. Introduction

One of the most important and difficult tasks facing any decision maker is evaluating alternative policies for accomplishing a goal. An immediate difficulty is the large number of plausible combinations of policy interventions available (e.g., educational programs, child-resistant containers, etc.). An even larger number of combinations of policy configurations (target problems addressed by the intervention, indicators of success or failure, etc.) face the decision maker. Despite the difficulties, the decision maker must rank potential policies based on some criteria. In addition, he or she often needs to examine the most promising policies further by assessing the impact of changing some of their features. Finally, the rankings and evaluations must be communicated and defended. In the past, both the rank-

۲

ings of the alternatives and the appraisal of the "what if" exercise have been subjective and unpersuasive as well as difficult to explain to others.

If the policies under consideration have been tested experimentally, then the decision maker should be in a better position to rank them. Unfortunately this potential is seldom realized for at least two reasons. First, different outcome measures are used to assess the effect of the policies, and second, the results of the experiments are reported in a bewildering number of ways. This lack of uniformity of measurement and reporting can be overcome at least in part by meta-analysis, "the statistical analysis of the summary findings of many empirical studies" [1].

In meta-analysis, comparisons of persons who received some policy versus persons in a control group who have not received the policy are translated into a common metric called an effect size. The effect size shows how well the average person who received the policy fared compared with persons in the control group who did not receive the policy. Standard statistical analyses (for example, chi square or multiple regression) can then be performed to identify which features of the policy can predict the effect size. Based on these analyses, objective ranking and objective "what if" analysis can subsequently be performed.

Although an increasing number of meta-analyses being reported in the scientific literature are [2,3,4], decision makers rarely use meta-analyses for evaluating policies. They are deterred by the heavy investment in time and effort required to incorporate the results of meta-analysis into the judgements which they must make. These latter problems, however, can be overcome by using a decision support system (DSS) to reduce the amount of time and effort needed to reap the benefits of meta-analysis. As Keen and Scott Morton point out, the DSS is interactive software which supports rather than attempts to replace the decision maker [5]. The DSS accomplishes this task by handling the structured as opposed to the unstructured or fuzzy aspects of decisions. In the case of use of meta-analysis, the DSS can estimate the likely level of improvement to be realized from particular features of a policy. These estimates are based on the experimental studies of similar policies. What the DSS cannot do and does not attempt to do is automate the selection process-there are far too many critical, subjective and situational factors which require a competent, human decision maker.

This paper documents the construction of a specific DSS to aid the decision maker in judging alternative policies and in assessing the merits of different configurations of the same policies. First, we describe the features required of the DSS. Second, we explain how we met the requirements by using a very high level programming environment developed specifically for building decision support systems, the Knowledge Management System [6]. Third, we show a sample user session with the DSS. Fourth, we summarize the lessons learned and indicate future plans for

-26-

expanding the DSS using additional capabilities of the Knowledge Management System.

2. Decision Support System Requirements

The capabilities needed by the DSS should by now be familiar:

(1) help the decision maker rank alternative policies, and

(2) help the decision maker fine tune the best policy.

The decision maker does not always know all details of various policies. Therefore, the DSS needs to operate even when various features of policies are not known. The DSS needs to accept inputs of 'unknown' and make estimates based on features of the policies that the decision maker is able to supply.

The DSS must be user friendly-- due to time pressures facing decision makers, the DSS must be very easy to learn, requiring no more than a demonstration. The DSS must be easy to use, displaying information when it is needed, prompting the user for inputs from a menu, permitting the user to request clarifications such as definitions of terms, and protecting the user from careless errors by checking the users' inputs.

Finally, the DSS has to be built quickly and inexpensively to remain within the limits of contractual time and cost.

3. Constructing a DSS with the Knowledge Management System

In this section we will describe the Knowledge Management System (KMS) and how its capabilities enabled us to build a DSS with the required capabilities very quickly (in four person days) and inexpensively (with \$60 of computer time). We then show the steps taken to build the DSS.

3.1 The Knowledge Management System and Its Features

The ideal programming environment for constructing the DSS would have a built-in robust, friendly user interface as well as a built-in statistical method which would function even in the face of missing values. These features would eliminate a great deal of programming or interfacing time and effort. As indicated below, the Knowledge Management System [6,7] contains both vital features:

"KMS was designed to greatly simplify the process of building a DSS. In essence, KMS provides completed programs that implement a standardized, applicationindependent user interface mechanism. In addition, KMS also has access to a library of programs that support a variety of inference methods. Constructing a DSS with KMS therefore requires only that an application specialist provide KMS with a knowledge base. This is done by encoding relevant problemsolving knowledge using the very high-level language supported by KMS for this purpose. The encoded knowledge base is subsequently given to KMS which checks it for errors. If no errors are found, KMS adds an inference mechanism to the knowledge base to complete the DSS." [7, p.9]

In addition to furnishing the tools of DSS construction, the KMS manual suggests a four step process for constructing a DSS. These steps and how we performed the steps are the subject of the next section.

3.2 KMS's Four Steps For Creating a DSS

The four steps in the KMS approach to building a DSS consist of:

(1) Organize the problem specific information into a problem-oriented attribute hierarchy. In our case, we want to use features of policies to predict improvements (if any) in persons who receive the policies relative to those who do not receive the policy.

(2) Select an approach for representing and processing information derived from meta-analysis of policy experiments.

(3) Encode the knowledge base consisting of information from the meta-analysis.

(4) Test and certify the resulting DSS.

3.2.1 Constructing the Attribute Hierarchy

The attribute hierarchy provides a framework for representing information about a specific problem for which the DSS is to be built. The attribute hierarchy shows the input attributes or features of a policy which the decision maker inputs. It also shows the inferred attribute which the DSS calculates: the expected payoff from a given set of values of the input attributes.

The inferred attribute was dictated by the nature of our problem. The input attributes resulted from a priori specification of variables deemed important to the decision makers as well as features of policies which were found to be associated with effect size in analysis of 17 policy experiments which yielded a total of 47 effect sizes (most experiments produced more than a single effect size). Figure 1 shows the problem oriented attribute hierarchy.

Effect Size category

problem	de	amand	type of	type of
addressed	on	subject	treatment	outcome
				measure

Figure 1. Problem Oriented Attribute Hierarchy

3.2.2 Selecting an Approach for Representing and Processing the Knowledge

Because of the need to handle cases in which input attributes would not be values of some available, a Bayesian classification scheme was selected as the basis for estimating payoff from configurations of policies. Another important reason for choosing Bayesian classification with its categories of possible outcomes was to convey the fact that these estimates were necessarily approximate rather than exact. Instead of making point estimates of the outcome of policies, the DSS would use the Bayesian procedure to classify the forecasted effect sizes as "High", "Medium" or "Negligible". An effect size was defined to be high if the average person who received the treatment was better off than more than 85 per cent of persons in a control group which did not receive the policy. An effect size was defined to he medium if the average person who received the policy intervention or treatment fared better than between 65 per cent and 84 per cent of persons in a control group which did not receive the policy. If the average person in the group which received a given policy intervention did not do better than at least 64 per cent of persons in the control group, then the effect size was defined to be negligible.

The KMS subsystem, KMS.BAYES, was selected to implement this choice.

3.2.3 Encoding the Knowledge Base

The DSS requires a knowledge base, a collection of encoded knowledge which is combined with the decision maker's inputs and the Bayesian procedure to supply rankings and results from "what if" exercises. The Bayesian procedure requires prior and conditional probabilities [7]. These probabilities constitute the knowledge encoded into the knowledge base. The procedure for generating these probabilities is summarized below.

The prior probabilities are the base rates for the three effect size categories. Table 1 below shows the

Table 1. Prior Probabilities or Base Rates of Effect Size Categories

Effect Size Category	Prior Probability
High	. 32
Medium	. 32
Negligible	. 36

Next the categories of effect sizes (high, medium, negligible) were cross tabulated with attributes of the policy such as principal type of policy intervention (educational, media, etc.), type of problem addressed (substance abuse, etc.), type of outcome measurement (behavior, physical health, etc.), and level of behavioral demand (high or low). The cross tabulation provided the conditional probabilities. Note, for example, in Table 2 below that the conditional probability of the problem addressed was substance abuse given that the outcome or effect size category was negligible was 0.29.

Table 2. Cross Tabulation of Effect Size Category with Features of Policies

· ·			
	Effect Size Category		
	Neglig.	Medium	High
Feature of Policy			
Problem Addressed			
Substance Abuse	0.29	0.53	0.00
Accidents	0.24	0.20	0.47
Physical Health	0.06	0.27	0.33
Mental Health	0.41	0.00	0.20
Demand on Subject			
High	0.76	0.80	0.13
Low	0.24	0.20	0.87
Type of Treatment			
Educational	0.24	0.47	0.07
Media	0.29	0.07	0.20

Technological	0.12	0.00	0.47	
Other	0.35	0.46	0.26	
Type of Outcome Measure				
Knowledge or Attitude	0 29	0.47	0 0 0	

KNOWIENDE OF ALLIGUE	0.27	0.77	0.00	
Behavior	0.71	0.33	0.27	
Physical Health	0.00	0.20	0.73	

The appendix shows the encoding of the prior and conditional probabilities into the knowledge base.Note that the Appendix contains all the code that was needed to produce the DSS shown in the sample session.

~

3.2.4 Testing and Certification of the DSS

The DSS was tested by activating KMS.BAYES at the University of Maryland and adding the text file containing the knowledge base. KMS.BAYES screened the knowledge base for errors. When the errors were eliminated the DSS was ready for use. A sample session is shown in the next section.

Full testing and certification has not been completed, but lessons learned from testing to date are given in the conclusions section of this paper.

4. Sample Decision Maker Session with the DSS

The typical decision maker will have either several proposals to evaluate or a single policy proposal to fine tune. The decision maker begins by accessing the DSS. The resulting dialogue proceeds as shown below in Table 3. User inputs are underlined to help distinguish them from the system's prompts and responses.

Table 3. Sample User Session with the DSS

@ADD KMS*KMS.BAYES
WELCOME TO KMS.BAYES (4 9 82)
ENTER KMS.BAYES KNOWLEDGE BASE:
@ADD KB.PILOT6

KNOWLEDGE BASE ACTIVATED-NO ERRORS DETECTED

THIS IS AN UNCERTIFIED KNOWLEDGE BASE

THIS SYSTEM CLASSIFIES PROPOSED PREVENTION PROGRAMS BY ESTIMATING THE PROBABILITY THAT THEY WILL PRODUCE

EITHER NEGLIGIBLE, MEDIUM OR HIGH BENEFITS. TO GET THE SYSTEM TO ESTIMATE THE BENEFITS OF A PROGRAM, ANSWER THE FOLLOWING QUESTIONS. ANSWER 'UNKNOWN.' IF YOU CANNOT SUPPLY AN ANSWER TO A QUESTION.

NOTE: THIS SYSTEM IS FOR DEMONSTRATION PURPOSES ONLY!

TYPE 'CONTINUE.' TO BEGIN

READY FOR COMMAND: CONTINUE. PROBLEM ADDRESSED BY TREATMENT: (1) SUBSTANCE ABUSE (2) ACCIDENTS (3) PHYSICAL HEALTH (4) MENTAL HEALTH = ? 2.

DEMAND ON SUBJECT: (1) HIGH (2) LOW =? HELP.

COMMAND ENCOUNTERED- DEFERRING CURRENT QUESTION

TRY "HELP ANSWER." OR "HELP COMMAND." YOU MAY ALSO TYPE "HELP <COMMAND>." WHERE<COMMAND> IS ANY VALID KMS COMMAND. REMEMBER TO ENTER EACH ANSWER/COMMAND WITH A PERIOD.

READY FOR COMMAND:

HELP ANSWER.

TO ANSWER MULTIPLE-CHOICE QUESTIONS, ENTER A SINGLE NUMBER DESIGNATING YOUR ANSWER FOLLOWED BY A PERIOD. FOR EXAMPLE,

2.

WOULD BE APPROPRIATE. TO ANSWER NON-MULTIPLE-CHOICE QUESTIONS, TYPE IN A NUMBER WHICH WILL BE YOUR ANSWER,FOLLOWED BY A PERIOD. YOU CAN ALWAYS ANSWER ANY QUESTION WITH "UNKNOWN." A PERIOD MUST ALWAYS END ANYTHING TYPED INTO KMS.

A COMMAND CAN BE ENTERED WHENEVER KMS HAS ASKED YOU A QUESTION. THIS WILL CAUSE KMS TO SET ASIDE ITS QUESTIONS, FOLLOW YOUR COMMAND, AND THEN ASK YOU FOR FURTHER COMMANDS. TYPE IN "CONTINUE." WHEN YOU WANT TO RETURN TO ANSWER KMS'S PREVIOUS QUESTION. IF YOU NEED MORE HELP,YOU CAN ALWAYS TYPE IN "HELP." AT ANY TIME,OR REFER TO THE KMS MANUAL.

READY FOR COMMAND:

DISPLAY DEFINITION(DEMAND ON SUBJECT).

÷

COMMAND ENCOUNTERED- DEFERRING CURRENT QUESTION.

IF THE DEMAND ON THE SUBJECT IS MINIMAL (FOR EXAMPLE, PROPER USE OF CHILD RESISTANT MEDICINE CONTAINER), THEN DEMAND IS LOW. IF THE SUBJECT IS REQUIRED TO CHANGE A LONG STANDING HABIT, THEN THE DEMAND IS HIGH.

READY FOR COMMAND:

CONTINUE.

CONTINUING PREVIOUS LINE OF QUESTIONING

DEMAND ON SUBJECT: (1) HIGH (2) LOW =? 1. TYPE OF TREATMENT:

(1) EDUCATIONAL
(2) MEDIA
(3) TECHNOLOGICAL
(4) OTHER
=?

7.

7 IS, AN INAPPROPRIATE ANSWER ANSWER IGNORED - TYPE 'HELP ANSWER.' IF YOU NEED HELP.

=? 1.

TYPE OF OUTCOME MEASURE: (1) KNOWLEDGE OR ATTITUDE (2) BEHAVIOR (3) PHYSICAL HEALTH =?

3.

BASED ON YOUR DESCRIPTION, THE FOLLOWING ARE THE PROBABILITIES OF OBTAINING NEGLIGIBLE, MEDIUM, AND HIGH BENEFIT FROM THE PROJECT.

HIGH : 0.85 MEDIUM : 0.15 NEGLIGIBLE : 0.00

THANKS FOR USING THIS SYSTEM. TYPE 'NEXT CASE.' IF YOU WANT TO ANALYSE ANOTHER PREVENTION PROGRAM OR IF YOU WANT TO SEE THE EFFECTS OF CHANGING YOUR DESCRIPTION OF THE PREVIOUS CASE. IF YOU WANT TO STOP, JUST TYPE 'STOP.'

READY FOR COMMAND:

NEXT CASE.

READY FOR NEXT CASE

PROBLEM ADDRESSED BY TREATMENT:

Note the provisions for help as well as error handling when the user responds with an invalid input. In addition the user can request definitions as needed (a single definition is implemented in the prototype) and can answer 'unknown' to any prompt.

The decision maker describes the proposed policy by answering the prompts. When the last feature of the policy has been described, the DSS calculates the probability that the impact of the policy will be negligible, medium, or high. Recall that as described earlier, "negligible" corresponds to the situation in which the average person who has received the policy is better off than no more than 65 per cent of those who have not. "Medium" corresponds to the case in which the average person in the experimental group which received the policy is better off than between 66 per cent and 84 per cent of the control group. "High" corresponds to the case in which the average person in the experimental group is better off than more than 85 per cent of persons who did not receive the policy.

If the decision maker enters 'next case' after seeing the predicted impact, then the DSS erases her previous responses and again prompts her to describe a different policy or a different version of the policy under consideration. The cycle continues until the decision maker enters 'stop'.

5. Conclusions

Initial testing of the DSS revealed that users found the DSS very easy to learn and very easy to work with. The results were easily understood. Users did request more studies be included in the knowledge base. Also, they wanted more variables and more categories within variables. These requests are being acted on: 83 additional studies have been coded and are being processed for inclusion in the next version of the DSS.

Approximately four person-days were required by the first author to learn KMS and to bring up the prototype DSS using KMS. By contrast approximately five times the effort (20 days) was required to construct a less challenging DSS using a lower level language, Superwylbur Macros. The great difference in time and effort is directly attributable to the following features of KMS:

. a built in, robust user interface which saved

not only time but difficult trade-offs between accommodating users versus saving development time;

. A built in statistical estimation procedure which reduced the amount of code to be written and obviated the need for interfacing with an outside statistical routine.

As construction of the prototype drew to a close, it became evident that the KMS should be used to construct a DSS to help in calculating effect sizes from the remaining studies. Glass et al. [1] provide some 15 formulas for estimating the effect size based on different sets of statistical results which researchers commonly furnish. Deciding which formula to apply and then making the required calculations is often complex and error prone. KMS supports both rule based deduction (characterized by if-then logic) and calculations. There is, therefore, considerable potential for saving time and improving the accuracy of the findings by writing another DSS, not for the end user, but for the DSS producer. This DSS will prompt whatever set of statistical results the researcher reported and either calculate the effect size, or indicate that based on the inputs furnished, no effect size can be calculated. See [6] for examples of KMS production systems and KMS calculation features.

Furthermore, the speed and reliablity of coding of the studies can be improved by constructing a DSS for coders which will prompt them for features of studies and use production system logic to develop higher level inferences such as the type of experimental design used.

6. Acknowledgements

This study was supported by contract DTNH -22-81c-07385 from the National Highway Traffic Safety Administration but does not represent the official views of NHTSA.

We thank Wayne Pawlowski and Kay Shaw for coding the studies, Sue Korenbaum for coordinating activities, Pat Skees and Wayne Zajac for their encouragement and Paul Mackin for text formatting assistance.

References

- [1] Glass, G.V. et al., Meta-analysis in Social Research, Sage Publications, Beverly Hills, 1981.
- [2] Smith, M.L. et al., The Benefits of Psychotherapy, Johns Hopkins University Press, Baltimore, 1980.
- [3] Posavac, E. J. Evaluation of patient education programs: a meta-analysis. Evaluation and the Health Professions, 1980, pp. 47-62.

- [4] Kulik, J.A. et al., Effectiveness of computerbased college teaching: a meta-analysis of findings. Review of Educational Research, 1980, pp. 525-544.
- [5] Keen, P.G. and Scott Morton, M.S. Decision Support Systems, Addison-Wesley, Reading, 1978.
- [6] Reggia, J.A. Knowledge-Based Decision Support Systems: Development through KMS. University of Maryland Computer Science Center, Technical Report TR-1121, College Park, 1981.
- [7] Reggia, J.A. and Perricone, B.T., KMS Manual, University of Maryland Computer Science Center, Technical Report TR-1136, College Park, 1982.

Appendix: Knowledge Base

ATTACHMENTS: DEFINITION % ATTRIBUTES: PROBLEM ADDRESSED BY TREATMENT: SUBSTANCE ABUSE, ACCIDENTS, PHYSICAL HEALTH, MENTAL HEALTH, DEMAND ON SUBJECT [DEFINITION: "IF THE DEMAND ON THE SUBJECT IS MINIMAL (FOR EXAMPLE, PROPER USE OF CHILD RESISTANT MEDICINE CONTAINER), THEN DEMAND IS LOW. IF THE SUBJECT IS REQUIRED TO CHANGE A LONG STANDING HABIT, THEN THE DEMAND ON THE SUBJECT IS HIGH."] : HIGH,LOW. TYPE OF TREATMENT: EDUCATIONAL, MEDIAF TECHNOLOGICAL, OTHER. TYPE OF OUTCOME MEASURE: KNOWLEDGE OR ATTITUDE, BEHAVIOR, PHYSICAL HEALTH. POTENTIAL BENEFIT [DETERMINANTS: *] : NEGLIGIBLE <0.36> 0.29 0.24 0.06 0.41; 0.24 0.76; 0.24 0.29 0.12 0.35; 0.29 0.71 0.00, MEDIUM <0.32> 0.53 0.20 0.27 0.00; 0.20 0.80; 0.47 0.07 0.00 0.46;0.47 0.33 0.20, HIGH <0.32> 0.00 0.47 0.33 0.20; 0.87 0.13; 0.07 0.20 0.47 0.26;

-36-

0.00 0.27 0.73 % ACTIONS: MESSAGE " " "THIS SYSTEM CLASSIFIES PROPOSED PREVENTION PROGRAMS BY ESTIMATING THE PROBABILITY THAT THEY WILL PRODUCE EITHER NEGLIGIBLE OR MEDIUM OR HIGH BENEFITS. TO GET THE SYSTEM TO ESTIMATE THE BENEFITS OF A PROGRAM, ANSWER THE FOLLOWING QUESTIONS. ANSWER 'UNKNOWN.' IF YOU CANNOT SUPPLY AN ANSWER TO A QUESTION." "NOTE: THIS SYSTEM IS FOR DEMONSTRATION PURPOSES ONLY!" "TYPE 'CONTINUE.' TO BEGIN" . PAUSE. MARK. OBTAIN POTENTIAL BENEFIT. MESSAGE " " "BASED ON YOUR DESCRIPTION, THE FOLLOWING ARE THE " "PROBABILITIES OF OBTAINING NEGLIGIBLE, MEDIUM, AND" "HIGH BENEFIT FROM THE PROJECT." . DISPLAY VALUE (POTENTIAL BENEFIT). MESSAGE " " "THANKS FOR USING THIS SYSTEM. TYPE 'NEXT CASE.'IF YOU WANT TO ANALYSE ANOTHER PREVENTION PROGRAM OR IF YOU WANT TO SEE THE EFFECTS OF CHANGING YOUR DESCRIPTION

OF THE PREVIOUS CASE. IF YOU WANT TO STOP, JUST TYPE

'STOP.' " %

APPENDIX B Identifying and Locating Studies

â

IDENTIFYING AND LOCATING STUDIES

11 . .

The search for the 100 studies that were to be included in the metaanalysis began in earnest after the inclusion/exclusion criteria were established. As the collection process got underway it soon became evident that some studies that might have been useful simply could not be obtained. This was periodically the case despite multiple attempts to locate specific studies. Despite this recurring problem, however, 100 varied studies were located and coded.

A variety of sources were used to both identify titles of potential studies and to actually locate the studies themselves. Computer searches (such as Medlars, National Institute on Alcohol Abuse and Alcoholism (NIAAA), Smithsonian Science Information Exchange and Defense Technology Information Service); card catalogues; recommendations by professionals in the field, Department of Transportation (DOT) staff, consultants, and Creative Associates staff; bibliographies; social science/psychological indexes; medical/professional/ speciality journals; special publications; and government agencies were used to generate lists of potentially useful studies.

When using computer services, bibliographies and card catalogues key descriptors were used to focus the search. The primary descriptors used were: Primary Prevention, Prevention, Alcohol, Alcoholism, Driving, Drinking, Accidents, Smoking, Substance Abuse, Injury, Poisoning, Experimental, Controlled, and Treatment.

As possible titles were identified, the following libraries were used for the actual collection of the studies: The National Library of Medicine, NIAAA, National Institute of Mental Health, Public Health Service, Occupational Safety and Health Administration, George Washington University, Georgetown University, American University, and Howard University. These libraries also served as access points to card catalogues and computer services.

DOT staff and contractors served as additional sources of studies, particularly of unpublished materials.

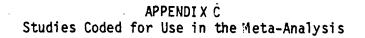
As studies were identified and located, they were briefly evaluated by project staff to determine their appropriateness for inclusion in the metaanalysis. Studies, journals, articles, and publications that were rejected for the analysis were, however, used as sources for other studies.

From the beginning of the collection process, an attempt was made to obtain studies that dealt with a variety of subject areas. As the number of studies neared 100, efforts were increased to identify and locate studies in subject areas that were under-represented or not represented at all. For example, toward the end of the collection process, studies dealing with the

-41-

prevention of litter and heat stroke took precedence over additional studies on the prevention of smoking.

Obviously, the studies used in this analysis do not include every experimental or controlled study ever completed. They do, however, represent the most significant studies available and a broad cross-section of the different subject areas in which primary prevention research has been attempted.



STUDIES CODED FOR USE IN THE META-ANALYSIS

- Axelsson, Per et al. "Effect of Fluoride on Gingivitis and Dental Caries in a Preventive Program Based on Plague Control." <u>Community Dental Oral</u> <u>Epidemiology</u>. 1975, Vol. 3, pp. 156-160.
- Axelsson, Per et al. "The Effect of a Preventive Programme on Dental Plaque, Gingivitis and Caries in Schoolchildren. Results After One and Two Years." Journal of Clinical Periodontology. 1974, Vol. 1, pp. 126-138.
- Barresi, Charles et al. "Are Drug Education Programs Effective." Journal of Drug Education. 1975, Vol. 5, No. 4, pp. 301-316.
- Benfari, R.C. et al. "Components of Risk Factor Change in a CHD Intervention Program." Journal of Clinical Psychology. January 1981, Vol. 37, No. 1 pp. 61-70.
- *Bertera, Elizabeth M. et al. "The Cost-Effectiveness of Telephone Vs. Clinic Counseling for Hypertensive Patients: A Pilot Study." <u>American Journal</u> of Public Health. June 1981, Vol. 71, No. 6, pp. 626-629.
- *Biener, Kurt J. "The Influence of Health Education on the Use of Alcohol and Tobacco in Adolescents." Preventive Medicine. 1975, Vol. 4, pp. 252-257.
- Black Robert et al. "Handwashing to Prevent Diarrhea in Day-Care Centers." <u>American Journal of Epidemiology</u>. April 1981, Vol. 113, No. 4, pp. 445-451.
- *Bloom, Bernard. "A University Freshman Preventive Intervention Program: Report of a Pilot Project." Journal of Consulting and Clinical Psychology. 1971, Vol. 37, No. 2, pp. 235-242.
- Botvin, Gilbert et. al. "A Comprehensive School-Based Smoking Prevention Program." The Journal of School Health. April 1980, pp. 209-213.
- Botvin, G.J. et al. "Reducing Adolescent Obesity Through a School Health Program." Journal of Pediatrics. December 1979, Vol. 95, No. 6.
- Bouhuys, A. "Prevention of Monday Dyspnea in Byssinosis: A Controlled Trial with an Antihistamine Drug." <u>Clinical Pharmacology and Therapatics</u>. 1963, Vol. 4, No. 3, pp. 311-314.
- *Braden, Barbara, J. "Validation of a Poison Prevention Program." American Journal of Public Health. September 1979, Vol. 69, No. 9, pp. 942-944.

*Asterisk denotes studies that were used in the meta-analysis.

*Brantmark, B. et al. "Nicotine-Containing Chewing Gum as an Anti-Smoking Aid." Psychopharmacologia. 1973, Vol. 31, pp. 191-200.

*Breault, Henri J. "Five Years with 5 Million Child Resistant Containers." Clinical Toxicology. 1974, Vol. 7, No. 1, pp. 91-95.

- Briscoe, May E. et al. "Follow-Up Study of the Impact of a Rural Preventive Care Outreach Program on Children's Health and Use of Medical Services." <u>American Journal of Public Health</u>. February 1980, Vol. 70, No. 2, pp. 151-156.
- Bruhn, John G. "The Effects of Drug Education Courses on Attitudinal Change in Adults." The International Journal of the Addictions. 1975, Vol. 10, No. 1, pp. 65-96.
- Bruhn, John G. et al. "Follow-up of Adult Participants in Drug Education Courses." <u>The International Journal of the Addictions</u>. 1975, Vol. 10, No. 2, pp. 241-249.
- *Burgess, Robert L. et al. "An Experimental Analysis of Anti-Litter Procedures." Journal of Applied Behavioral Analysis. Summer 1971, Vol. 4, No. 2, pp. 71-75.
- Caggiula, Arlene W. et al. "The Multiple Risk Factor Intervention Trial (MRFIT) IV. Intervention on Blood Lipids." <u>Preventive Medicine</u>. 1980, Vol. 10, pp. 443-475.
- Cambien, F. et al. "The Paris Cardiovascular Risk Factor Prevention Trial." Journal of Epidemiology and Community Health. 1981, Vol. 35, pp. 91-97.

Chambers, Larry W. et al. "The Epidemiology of Traffic Accidents and the Effect of the 1969 Breathalyser Amendment in Canada." <u>Accident Analysis</u> and Prevention. 1976, Vol. 8, pp. 201-206.

- *Clark, Roger N. et al. "The Development of Anti-Litter Behavior in a Forest Campground." Journal of Applied Behavior Analysis. Spring 1972, Vol. 5, No. 1, pp. 1-5.
- Costello, Helen D. et al. "The Incidence of Cancer Among Participants in a Controlled, Randomized, Isoniazed Preventive Therapy Trial." <u>American</u> Journal of Epidemiology. January 1980, Vol. 111, No. 1, pp. 67-73.

ê

- *Cowen, Emory L. et al. "Long-Term Follow-Up of Early Detected Vulnerable Children." Journal of Consulting and Clinical Psychology. 1973, Vol. 41, No. 3, pp. 438-446.
- Cowen, Emory L. et al. "Prevention of Emotional Disorders in School Setting." Journal of Consulting Psychology. 1966, Vol. 30, No. 5, pp. 381-387.

- Crawford, Marilyn. "The Relative Effects of Selected Teaching Methods in Influencing Smoking Patterns Among College Women." in <u>Studies and Issues</u> in <u>Smoking Behavior</u>. Zagena, Salvotore V. (Editor) Tucson, Arizona: University of Arizona, 1967, pp. 57-59.
- Dayton, Seymour et al. "A Controlled Clinical Trial of a Diet High in Unsaturated Fat in Preventing Complications of Atherosclerosis." <u>Circula-</u> tion. An official Journal of the American Heart Association. July 1969, Supplement No. 2, Vol. XL, No. 1, pp. 1-60.
- *Dupuis, Andre. "Psychological Effects of Blood Glucose Self-Monitoring in Diabetic Patients." <u>Psychosomatics</u>. July 1980, Vol. 21, No. 7, pp. 581-591.
- Durlak, Joseph A. "Description and Evaluation of a Behaviorally Oriented School-Based Preventive Mental Health Program." Journal of Consulting and Clinical Psychology. 1977, Vol. 45, No. 1, pp. 27-33.
- *Ebel, H.C. et al. "Effect of a Marijuana Drug-Education Program: Comparison of Faculty and Student-Elicited Data." <u>Journal of Drug Education</u>. 1975, Vol. 5, No. 1, pp. 77-85.
- *Ehmke, Dorothy A. et al. "Two Studies of Compliance With Daily Prophylaxis in Rheumatic Fever Patients in Iowa." <u>American Journal of Public Health</u>. November 1980, Vol. 70, No. 11, pp. 1189-1193.
- Erickson, J. David. "Mortality in Selected Cities with Fluoridated and Non-Fluoridated Water Supplies." <u>The New England Journal of Medicine</u>. May 1978, pp. 1112-1116.
- *Evans, Robert R. et al. "An Experiment in Smoking Discussion Among University Freshmen: A Follow up." Journal of Health and Social Behavior. 1970, Vol. 11, pp. 30-36.
- Farquhar, John W. "Changing Cardiovascular Risk Factor in Entire Communities: The Stanford Three-Community Project." in Childhood Prevention of Atherosclerosis and Hypertension. Lauer, R.M. and Shekelle, R.B. (Editors). NY: Raven Press, 1980, pp. 435-440
- Fife, Daniel. "Relative Mortality of Unbelted Infant Passengers and Belted Non-Infant Passengers in Air Accidents With Survivors." <u>American Journal</u> of Public Health. November 1981, Vol. 71, No. 11, pp. 1242-1246.
- Fisher, Dean H. "The Impact of an Educational Program on Teen-Age Smoking Habits." The Journal of the Maine Medical Association. May 1963, Vol. 54, No. 5, pp. 108-111.
- *Fisher, Leslie et al. "Assessment of a Pilot Child Playground Injury Prevention Project in New York State." <u>American Journal of Public Health</u>. September 1980, Vol. 70, No. 9, pp. 1000-1002.

- Flannery, Raymond. "Primary Prevention and Adult Television Viewing: Methodological Extension." Psychology Reports. 1980, Vol. 46, page 578.
- Fo, Walter S.O. et al. "The Buddy System: Effect of Community Intervention on Delinquent Offenses." <u>Behavior Therapy</u>. 1975, Vol. 6, No. 4, pp. 522-524.
- Glueck, C.J. et al. "Long Term (2 to 6 year) Therapy of Familial Hypercholesterolemia and Hypertriglyceridemia in Childhood." in <u>Childhood Prevention</u> of Atherosclerosis and Hypertension. Lauer, R.M. and <u>Shekelle, R.B.</u> (Editors). NY: Raven Press, 1980, pp. 155-166
- Gordon, Wayne A. "Efficacy of Psychosocial Intervention with Cancer Patients." Journal of Consulting and Clinical Psychology. 1980, Vol. 48, No. 6, pp. 743-759.
- Greenberg, Jerrold S. et al. "Smoking Intervention Comparing Three Methods in a High School Setting." <u>The Journal of School Health</u>. October 1978, pp. 498-502.
- Hartman, Lorne M. "The Prevention Reduction of Psychological Risk in Asymptomatic Adolescents." <u>American Journal of Orthopsychiatry</u>. January 1979, Vol. 49, No. 1, pp. 121-135.
- Holme, Ingmar et al. "Five-Year Mortality in the City of Bergen, Norway According to Age, Sex and Blood Pressure." <u>Acta Medicine Scand</u>. 1976, Vol. 200, pp. 229-239.
- Hughes, Glenn H. et al. "The Multiple Risk Factor Intervention Trial (MRFIT) V. Intervention Smoking." <u>Preventive Medicine</u>. 1981, Vol. 10, pp. 476-500.
- Irwin, Robert P. et al. "The Effect of the Teacher and Three Different Classroom Approaches on Seventh Grade Students' Knowledge, Attitudes and Beliefs About Smoking." <u>The Journal of School Health</u>. September 1970, Vol. 40, pp. 355-359.
- *Jefferys, Margot et al. "Catch Them Before They Start: A Report on an Attempt to Influence Children's Smoking Habits." <u>Health Education</u> Journal. 1961, Vol. 19, pp. 3-17.
- Jeffrey, D. Balfour. "A Comparison of the Effects of External Control and Self-Control on the Modification and Maintenance of Weight." Journal of Abnormal Psychology. 1974, Vol. 83, No. 4, pp. 404-410.
- Keller, Martin. "A Study of the Primary Prevention of Coronary Heart Disease." Final Report under grant from DHEW Public Health Service, Division of Community Health Services. Washington, DC: Department of Health, Education and Welfare, 1972.

- Kim, Sehwan. "How Do We Know Whether a Primary Prevention Program on Drug Abuse Works or Does Not Work?" Charlotte, North Carolina: Charlotte Drug Education Center, 1978.
- *Klein, Nanci C. "Impact of Family Systems Intervention on Recidivism and Sibling Delinquency: A Model of Primary Prevention and Program Evaluation." Journal of Consulting and Clinical Psychology. 1977, Vol. 45, No. 3, pp. 469-474.
- *Kornitzer, Marcel. "The Belgian Heart Disease Prevention Project." <u>Circula</u>tion. January 1980, Vol. 61, No. 1, pp. 18-25.
- Krishan, Iqbal et al. "The Mayo Three-Community Hypertension Control Program II. Outcome of Intervention in Entire Communities." <u>Mayo Clinical</u> Proceedings. 1979, Vol. 54, pp. 299-306.
- Lane, Michael et al. "Child-Resistant Medicine Containers." <u>American Journal</u> of Public Health. 1971, Vol. 61, No. 9 pp. 1861-1868.
- Litman, Robert E. "Suicide Prevention Center Patients: A Follow-Up Study." Bulletin of Suicidology. Washington, DC: National Institute for Mental Health. Spring 1970, Vol. 5, pp. 12-17.
- Litman, Robert E. et al. "Beyond Crisis Intervention." in <u>Suicidology: Con-</u> temporary Developments. Shneidman, Edwin S. (Editor). Grune and Stratton, Inc., 1976.
- Lund, Adrian K. et al. "Motivational Techniques for Increasing Acceptance of Preventive Health Measures." <u>Medical Care</u>. August 1977, Vol. XV, No. 8, pp. 678-692.
- Mahoney, Michael J. et al. "Relative Efficacy of Self-Reward, Self-Punishments and Self-Monitoring Techniques for Weight Loss." <u>Journal of Consulting</u> and Clinical Psychology. 1973, Vol. 40, No. 3, pp. 404-407.
- *Massimo, Calabresi et al. "Effects of Treatment on Morbidity in Hypertension." Journal of the American Medical Association. August 1970, Vol. 213, No. 7, pp. 634-642.
- Massimo, Joseph L. et al. "The Effectiveness of a Comprehensive Vocationally Oriented Psychotherapetic Program for Adolescent Delinquent Boys." <u>American Journal of Orthopsychiatry</u>. July 1963, Vol. 33, No. 4, pp. 634-642.
- Matson, Johnny L. "Preventing Home Accidents: A Training Program for the Retarded." Behavior Modification. July 1980, Vol. 4, No. 3, pp. 397-410.
- *Mausner, Bernard. "The Influence of A Physician on the Smoking Behavior of His Patients." in <u>Studies and Issues in Smoking Behavior</u>. Zagena, Salvatore V. (Editor). Tucson, Arizona: University of Arizona Press, 1967.

- McAlister, Alfred. "Pilot Study of Smoking Alcohol And Drug Abuse Prevention." American Journal of Public Health. July 1980, Vol. 70, No. 7, pp. 719-721.
- McClellan, Perry P. "The Pulaski Project: An Innovative Drug Abuse Prevention Program in an Urban High School." Journal of Psychedelic Drugs. October-December 1975, Vol. 7, No. 4, pp. 355-362.
- Meyer, Anthony J. et al. "Skills Training in a Cardiovascular Health Education Campaign." Journal of Consulting and Clinical Psychology. 1980, Vol. 48, No. 2, pp. 129-142.
- Meyers, Andrew W. "The Effects of Instructions, Incentive and Feedback on a Community Problem: Dormitory Noise." Journal of Applied Behavior Analysis. 1976, Vol. 4, No. 9, pp. 445-457.
- Miettinen, M. et al. "Effect of Cholesterol-Lowering Diet on Mortality From Coronary Heart-Disease and Other Causes." Lancet. October 1972, Vol. 2, pp. 835-838.
- *Minard, David et al. "Prevention of Heat Casualties." Journal of American Medical Association. 1957, Vol. 165, No. 14, pp. 1813-1818.
- Monk, Mary et al. "Evaluation of an Antismoking Program Among High School Students." <u>American Journal of Public Health.</u> July 1965, Vol. 55, No. 7. pp. 994-1004.
- *O' Rourke, Thomas W. "Assessment of the Effectiveness of the New York State Drug Curriculum Guide with Respect to Drug Knowledge." Journal of Drug Education. Spring 1973, Vol. 3, No. 1, pp. 57-66.
- *O' Rourke, Thomas W. et al. "Assessment of the Effectiveness of the New York State Drug Curriculum Guide with Respect to Drug Attitudes." Journal of Drug Education. Fall 1974, Vol 4, No. 3, pp. 347-356.
- *Pederson, Linda L. et al. "Change in Smoking Status Among School-Aged Youth Impact of a Smoking-Awreness Curriculum Attitudes, Knowledge and Environmental Factors." <u>American Journal of Public Health</u>. December 1981, Vol. 71, No. 12, pp. 1401-1404.
- *Perry, Cheryl et al. "Modifying Smoking Behavior of Teenagers: A School-Based Intervention." Vol. 70, No. 7, pp. 722-725.
- Persons, Roy, W. "Psychological and Behavioral Change in Delinquents Following Psychotherapy". Journal of Clinical Psychology. 1966, Vol. 22, pp. 337-340.
- *Peterson, Donald I. "Results of a Stop-Smoking Program." <u>Archives of</u> Environmental Health. February 1968, Vol. 16, pp. 211-214.
- Polak, Paul R. et al. "Prevention in Mental Health: A Controlled Study." American Journal of Psychiatry. February 1975, Vol. 132, No. 2, pp. 146-149.

- Puska, Pekka. "Changing the Cardiovascular Risk in An Entire Community: The Karelia Project." <u>Childhood Prevention of Atherosclerosis and Hyperten-</u><u>sion</u>. Lauer, R.M. and Shekelle, R.B. (Editors). MY: Raven Press, 1980 pp. 441-451.
- Rabinowitz, Herbert S. et al. "Effects of a Health Education Program on Junior High School Students' Knowledge, Attitudes, and Behavior Concerning Tobacco Use." <u>The Journal of School Health</u>. June 1974, Vol. 44, No. 6, pp. 324-330.
- Reed, Kenneth. "Smoking Control With An In-Patient General Hospital Population." in <u>Studies and Issues in Smoking Behavior</u>. Zagena, Salvatore V. (Editor). Tucson, Arizona: University of Arizona Press, 1967.
- Rinzler, Seymour H. "Primary Prevention of Coronary Heart Disease By Diet." Bulletin of New York Academy of Medicine. 1968, Vol. 44, No. 8, pp. 936-949.
- Robertson, Leon S. "Automobile Safety Regulations and Death Reductions in the United States." <u>American Journal of Public Health</u>. August 1981, Vol. 71, No. 8, pp. 818-822.
- *Robertson, Leon, et al. "A Controlled Study of the Effect of TV Messages on Seat Belt Use." Washington, DC: Insurance Institute for Highway Safety, 1972.
- Rose, Geoffrey, et al. "Heart Disease Prevention Project: A Randomised Controlled Trial in Industry." <u>British Medical Journal</u>. March 1980, Vol. 280, pp. 747-51.
- *Sadler, Muriel, "A Pilot Program in Health Education Related to the Hazards of Cigarette Smoking." <u>Rhode Island Medical Journal</u>. 1969, Vol. 52, pp. 36-38.
- Schucker, George et al. "Prevention of Lead Paint Poisoning Among Baltimore Children." <u>Public Health Reports.</u> November 1965, Vol. 80, No. 11, pp. 969-974.
- Schwartz, Jerome L. "Methodology of the Smoking Control Research Project." in <u>Studies and Issues in Smoking Behavior</u>. Zagena, Salvatoze V. (Editor). Tucson, Arizona, University of Arizona Press: 1967.
- Schwartz, Jerome et al. "The Smoking Control Research Project: Purpose, Design and Initial Results." <u>Psychological Reports</u>. 1967, Vol 20, pp. 367-376.

- Skrabal, F. et al. "Low Sodium/High Potassium Diet in Prevention of Hypertension: Probable Mechanisms of Action." <u>The Lancet</u>. October 1981, pp. 895-900.
- Stamler, Jeremiah, et al. "Prevention and Control of Hypertension By Nutritional-Hygienic Means." Journal of the American Medical Association. May 1980, Vol. 243, No. 18, pp. 1819-1823.
- *Stracener, Carl E. et al. "Results of Testing a Child-Resistent Medicine Container." <u>Pediatrics</u>. 1967, Vol. 40, pp. 286-288.
- *Stunkard, Albert J. et al. "Controlled Trial of Behavior Therapy, Pharmacotherapy, and their Combination in the Treatment of Obesity." <u>The Lancet</u>. November 1980, pp. 1045-1047.
- *Svardsudd, K. et al. "Morbidity and Mortality in Untreated and Treated Hypertension: Results From the Goteborg 50-Year Old Men Study." <u>Drugs</u> 11. Supplement No. 1, 1976, pp. 34-38.
- *Tsuang, Ming T. et al. "Can ECT Prevent Premature Death and Suicide in Schizoaffective Patients?" Journal of Affective Disorders. 1979, Vol. 1, pp. 167-171.
- *Veterans Administration Cooperative Study Group on Antihypertensive Agents. "Effects of Treatment on Morbidity in Hypertension." Journal of the American Medical Association. August 1970, Vol. 213, No. 7, pp. 1143-1152.
- Watne, Alvin L. et al. "A Cigarette Information Program." Journal of the American Medical Association. June 8, 1964, Vol. 188, No. 10, pp. 148-150.
- Weisenberg, Matisyohu. "Children's Health Beliefs and Acceptance of a Dental Preventive Activity." Journal of Health and Social Behavior. March 1980, Vol. 21, pp. 59-74.
- Wilhelmsen, Lars et al. "Effect of Treatment of Hypertension in the Primary Preventive Trial, Goteborg, Sweden." <u>British Journal of Clinical Pharama</u>cology. 1979, Vol. 7, No. 2 pp. 261-265.
- *Williams, Allan F. et al. "Evaluation of the Rhode Island Child Restraint Law." <u>American Journal of Public Health</u>. July 1981, Vol. 7, No. 7, pp. 742-743.
- *Williams, Allan F. et al. "The Tennessee Child Restraint Law in its Third Year." American Journal of Public Health. February 1981, Vol. 71, No. 2, pp. 163-165.

APPENDIX D Codebook

я

÷.

.

,

.

ļ

İ

ļ

03/23/82

•

,

PRIMARY PREVENTION META-ANALYSIS

.

4

CODEB OOK

Item	Definition and Criteria	Coding Categories
1. Coder ID	Coder's Name	1. SK - Sue Korenbaum
σ		2. KS - Kay Shaw
	· · · · · · · · · · · · · · · · · · ·	3. WP - Wayne Pawlowski
		4. SO - Sid Obot
រ ភ ភ រ		5. KD - Kay Drews
		6. TN - Tom Nagy
		7. JS - Jim Star
2. Study ID	Three-digit number assigned sequentially by	001 to 199
02 03 04	Project Director.	

Item	Definition and Criteria	Coding Categories
3. Author(s)	First 12 letters of last name (left justify) and	NAME:
05 to 16 77	first initial of first author listed on document.	
18	If more than one author listed, indicate multiple	1. Single
	and if only one author is listed, indicate single.	2. Multiple
4. First affiliation of first	Indicate type of institution author was affiliated	01. University
author.	with at the time of completion of document. Specify	02. Federal Gov't Agency
5 T9 20	if other.	03. State Gov't Agency
		04. Local Gov't Agency
		05. Medical Hospital
		06. Mental Health Facility
	-	07. Private Foundation/Grant
		Funding Organization

1) •r.

۰. ú

Item	Definition and Criteria	Coding Categories
4. Con't		08. Non-Profit Organization, (in-
		cludes United Way) other than
		above
		09. Proprietory firm, other than
		above
		10. International Agency or
- 57 -		Organization (non-country
		specific)
		ll. Foreign Gov't
		12. Not Specified
		13. Other
5. Degree of first author.	Academic degree. Specify if other.	01. Ph.D.
21 22	Assume 1.D. if not specified and organizational	02. D\$W

q ,

۶ (

	Definition and Criteria	Coding Categories
Con't	affiliation, work setting, and/or the nature of	03. DR.P.H
	the study suggests a medical environment. Other-	04. M.D.
	wise make no assumptions and code "not specified."	05. J.D.
	Post-Graduate degrees are Ph.D., MD, JD, & ED.	06. Ed.D.
		07. M.S./M.A.
		08. MSW/ACSW
		09. R.N.
	-	10. B.S./B.A.
		11. More than one post-graduate
		degree
		12. Other
		13. Not Specified

Ü

ν.

.

Item

5.

.

-58-

10

τ.

Item	Definition and Criteria	Coding Categories
6. Publication Date	Year of document (last two years). If coding from	
23 24	more than one document, use most recent date and	1. Single
25	indicate multiple or single.	2. Multiple
7. Publication Form	Source of document. Use "unpublished" <u>only</u> if a	1. Journal
26	unpublished document serves as the primary source	2. Book
	of data. "Other" includes gov t published and un-	3. Dissertation/Thesis
	published documents such as final reports, project	4. Unpublished
	summaries, etc.	5. Other
8. Subject of Study	Indicate the problem that was addressed by the pre-	01. Alcoholisim
27 28	vention or intervention strategy (use author's lan-	02. Alcohol Abuse/Problem Drinking
	guage whenever possible) or the behavior that the	03. Alcohol Use
	study tried to change. Specify if other.	04. Alcohol Abuse and Other Drug

, ·

Abuse

ė

*

-59-

.

.

4

L

05.	Alcohol Use and Other Drug Use
06.	DWI
07.	DUI
08.	Drinking Driver
09.	Drug Abuse or Substance Abuse
10.	Drug Use or Substance Use
11.	Tobacco Smoking
12.	Tobacco Smoking and Other
	Drug Use
13.	Traffic Accidents
14.	Accidental Poisoning
15.	Other Accidents

Coding Categories

16. Cancer

т**а**г

Definition and Criteria

8. Con't

Item

Definition and Criteria

8. Con't

Item

Coding Categories

17. Hypertension

18. High Blood Pressure

19. Heart Attack

20. Disruptive Behavior or

Delinquency

23. Two or More of Above 1. A. A.

24. Other 01. NHTSA 02. NIH

· · · · · ·

03. NIMH .

04. ADAMHA

05. NIDA

06. NIAAA

-61-

9. Funding Agency

29 30

3T

Indicate source of primary financial support for the study. If more than one, indicate multiple. If largest source is unknown or unclear, indicate

first source listed.

-62-

9. Con' t

.

·

· ·

Definition and Criteria

n an the transmission of the transmission of the second second second second second second second second second

and the second
and the state of t

Coding Categories

07. Federal-Other

08. State Gov't

09. Local Gov't

10. Private Foundation/Grant

Funding Organization

11. Non-Profit Group (includes

United Way)

12. University

13. International Agency or organi-

zation (non-country specific)

14. Special Interest Group

15. Other

16. Not Specified

Item	Definition and Criteria	Coding Categories
9. Con't		0. Not Specified
		1. Single
		2. Multiple
II. MILIEU		
10. Geographic Locale	Indicate the type of locale where the study was	1. Urban
32	actually conducted.	2. Urban-Suburban
- 63 -		3. Suburban
		4. Suburban-Rural
	and the second	5. Rural
		6. Hore than one of the above
		7. Not Specified (or cannot be
		determined)

5 a

Item	Definition and Criteria	Coding Categories
11. Setting of the Study	Indicate the environment where the treatment was ad-	Ol. Home
33 34	ministered as specified by the author. If medica-	02. School
	tion is administered, code "home" unless otherwise	03. Place of Work
	specified. Specify if other.	04. Medical Clinic
		05. Hospital
	en e	06. Mental Health Center
<u>1</u>		07. Other Public Facility
-64	2. So the second s	08. More than one of the above
		09. Other
	· ·	10. Not Specified
12. Start Date of the Study	Year study began (use last two digits). If not	Year
35 36	specified, use the period data was collected for as	01. Not specified
	the start date.	

ه. فل

Item	Definition and Criteria	Coding Categories
13. Length of Study	Indicate the total length of time during which all	1. Less than six months
37	study related activities occurred (include follow-up	2. Six months to a year
	time if it occurred within one year or less after	3. 1-2 years
	treatment.)	4. 2-3 years
		5. 4 years or more
		6. Not Specified
ម៉ី V. CHARACTERISTICS OF SUBJECTS		
14. Age	Age of subjects. If the age(s) of subjects can be	01. Birth to 5 or Preschool
38 39	estimated from other information reported in study,	02. 6211 or Primary School
	code for appropriate category and note how estima-	03. 12-14 or Middle School
	tions were made on code sheet.	04. 15-18 or High School
		05. 19-25 or Undergraduate
		06. 26-30

a t

) .

Item	Definition and Criteria	Coding Categories
14. Con' t		07. 31-45
		08. 45-60
		09. 61 and over
		10. Two or more of the above
		age groups
		11. Not Specified
15. Number of Males	.Total number of males subjects (put in leading	
40 4T 42	zeros if less 100).	· · ·
	000 = no males	
	998 = unspecified	
	999 = more than 998	
		, · · ·

د ، د

•**ب**

Ite	m	Definition and Criteria	Coding Categories
16.	Number of Females	Total number of female subjects (put in leading	
	43 44 45	zeros if less than 100).	
		000 = no females	
		998 = unspecified	
		999 = more than 998	
17.	Race	Describe the primary racial groups. Indicate the	1. Black
-67-	46	name of the country of non U.S. subjects. If sample	2. White
		is randomly selected from a special population (i.e.,	3. Hispanic
		veterans, H.S. students etc.) the sample is <u>not</u> a	4. Native American
<i></i>		random sample. Use "mixture of above" only if more	5. Asian
		than one race is specifically mentioned in	5. Mixture of above
		study. Use "not specified" if absolutely no	-7. No Targeted Racial Group
		racial demographics are given even if assumptions	(Random Sample)

? #

Item	Definition and Criteria	Coding Categories
17. Con' t	can be made about the demographics of the sample.	8. Non-U.S.
	• •	9. Not Specified
18. Education	Describe the highest completed grade or current grade	0. Pre-school
47	of subjects if they are in school at time of study.	1. Grades 1-6 or Grammar School
	If education of subjects can be estimated from other	2. 7-9 or Middle School
	information reported in study, code for appropriate	3. 10-12 or High School
- 68 -	category and note estimations on code sheet. If	4. Jr. College
	sample is randomly selected from specific population	5. College
	(i.e., PH.D's, Doctors etc.) sample is not considered	6. Graduate/Post-Graduate
	random. Use mixture <u>only</u> if more than one educa-	7. Mixture of above
	tional level is specifically mentioned in study.	8. All (random sample)
	Use "not specified" if absolutely no educational	9. Not Specified
	demographics are given even if assumptions can	
	be made.	

.

•

-68-

Item	Definition and Criteria	Coding Categories
19. Income Level	Describe the income level of the sample population	1. Upper
48	(use author's language whenever possible). If	2. Middle
	target group is children, indicate income level of	3. Lower
	parents. If sample is randomly selected from a	4. Unemployed
	specific population (i.e., middle class residents)	5. Retired
	sample is not considered random. Use mixture only	6. Mixture of above
1 6 9 1	if more than one income level is specifically men-	7. All (Random Sample)
	tioned in the study. Use "not specified" if	8. Not Specified
•	absolutely no income demographics are reported	

1

4

. .

1

even if assumptions can be made.

•

ĩ

ł

.

-69-

Ite	m	Definition and Criteria	Coding Categories
۷.	METHODOLOGY		
20.	What was the level of effort	Level of effort is determined by the extent to which	1. No Effort
	used to obtain a sample that	the author identified and selected a sample that	2. Some Effort
	was "at risk."	represented an "at risk" or "high risk" group. A	3. High Effort
	49	sample selected from the general population (identi-	4. Not Specified
-70-		fied as not having symptoms of the problem) is con-	
		sidered "no effort"; a sample selected from a popula-	
		tion that is identified as <u>having members</u> who may be	
		"at risk" or "high risk" but little effort is made to	
		select these members, is considered "some effort"; an	d
		a sample which is comprised of subjects selected from	
	· · ·	a population that is "at risk" (identified as having	
		the potential of manifesting the symptom if there is	

a a

. . .

Item	Definition and Criteria	Coding Categories
20. Con' t	no intervention) or "high risk" (identified as	
	manifesting some sort of symptom) is considered	
	"high effort."	
21. How were subjects assigned	Indicate the appropriate group assignment method	1. Random
to groups?	used to divide subjects into treatment and com-	2. Matching/Equivalent Groups
50	parison groups.	3. Same Group Overtime
-71-		4. Convenience Sample
		5. Other Non-Random/Non-Matching
		6. Not specified
22. How many different treat-	Indicate the total number of treatments that were	
ments were used?	used (does not include placebo). For treatments that	it
51	may have several components (i.e., group discussion,	
	education and lecture) code as a single treatment.	· · ·
	Do not code for individual components. Also, count	

1 4

.

n 2

Ite	<u>m</u>	Definition and Criteria	Coding Categories
22.	Con' t	a treatment only once regardless of how many	
		groups it is administered to.	
23.	How many started treatment?	Indicate total number of subjects in all treated	
	52 53 54	groups from beginning to end. (Does not include	
		control.) When study reports only the number of	
-72		subjects that have completed the treatment, do not	
10	· · · · ·	assume how many started, code as "unspecified".	
		000 = 0	
		998 = unspecified	
		999 = 998 or more	· .
24.	What was the sample size of	Indicate the total number of subjects in all control	·
	all control or comparison	or comparison groups. (If the comparison group also	
	groups?	serves as the treated group use the size of the post-	

•

д .Э

55 56 57

ى∙ ^ر

-72-

Item	Definition and Criteria	Coding Categories
24. Con' t	test group.)	
	000 = 0	
	998 = unspecified	
	999 = 998 or more	
25. How many subjects completed?	Indicate how many subjects succesfully completed	
the treatment?	the treatment as defined by the study. Does not	
- 	include control and/or placebo.	
	000 = 0	
	998 = unspecified	
	999 = 998 or more	
26. How many subjects were avail-	Indicate the number of subjects that were avail-	
able for follow-up?	able for follow up (includes control). The first	
61 62 63	post-test is not considered the follow-up if it is	

n t

۰ · · · · ·

.

Item	Definition and Criteria	Coding Categories
26. Con' t	given within one year after treatment was adminis-	
	tered. Follow-up is considered any test after	
	the post-test or in the case of a time series the	
	last test reported.	
	000 = 0/No follow-up	
	998 = unspecified	
-74-	999 = 998 or more	
27. Research Design	Describe the measurement schedule including the	01. Pre-Test/Post-Test Control
64 65	length of time between tests. (Code the design that	t Group.
	best fits the measurement schedule as described in	02. Pre-Test/Post-Test Control
·	document. For projects that may involve several de-	- Group with an Additional
	signs select the design that is the best description	n Control Group, Post
	of the overall design of the project.)	Test only.

. .

Definition and Criteria

:

03. Post-Test-only Control

•

Coding Categories

04. Factorially Organized, Pre-Post

Controlled.

05. Factorially Organized, Repeated

Measurements Controlled.

06. Time-Series Analyses With

Equivalent Control

07. Time-Series with Same Group

Over Time.

08. Time-Series with Non-Equivalent

Control Group..

09. One-Group Pre-Test/Post-Test.

10. Non-Equivalent Control Group,

Pre-Test/Post-Test.

27. Con't

5. <u>.</u> . . .

Item	Definition and Criteria	Coding Categories
27. Con' t		11. Other
		12. Not Specified.
28. Duration of Treatment	Describe the length of time over which treatment	1. Spread out over a long period
66	was administered and the frequency with which it	of time with frequent
	was delivered. This is intended to be a measure	contact.
	of the intensity of treatment not of the length of	2. Spread out over a long period
-76-	the study. A long period of time would be considered	d of time with infrequent
	one year or more. A short period of time would be	contacts.
	less than one year. Frequent contacts would be	3. Spread over a short period of
	at least once every two weeks. Infrequent would be	time with frequent contacts.
	less than once every two weeks. When the length of	4. Spread over a short period of
	exposure to treatment does not literally correspond	time with frequent contacts.
	to one of the coding categories, code for category	5. Not Specified.
		un 14

. .

It	em		Definition and Criteria	Coding Categories
28	. Cor	n' t	that most accurately reflects the intensity of the	
			treatment.	
VI	. CH/	ARACTERISTICS OF TREATMENT		
29	. Wha	at were the treatment	Indicate the type of treatment used (select no more	00. No Item
	cha	aracteristics for Group #1?	than three treatment categories) and the extent to	01. Educational (includes lectures)
	67	68	which the treatment was active or passive. If less	02. Informational/Advertising
-77-	69	70	than 3 categories, use "no item" for remaining code	03. Technological
	71	72	columns. If control group was used always code	04. Pharmacological
	73		Group #1 for the control and regardless of number	05. Legal
			of controls used, code for the control group only	06. Non-Therapy Group Process
			once. If there are different applications for one	07. Psychotherapy
			type of treatment per group, each application should	08. Recreational
			be coded as a separate treatment (i.e., if two	09. Vocational Training

ar u

•

3 vi

29. Con't

Definition and Criteria

Coding Categories

ĮL.

**

different type of drugs are used, code pharmacolo-	10.	Control
gical twice). However, if a treatment has many	11.	0ther
components as is frequently the case with educa-	12.	Placebo
tional programs (e.g. lectures, group discussion,		
distribution of materials), code the treatment		
only once and not its components.		
Treatments which require the host (subject) to adopt	1.	Purely Active
a new behavior to a problem (i.e., boiling water) are	2.	Purely Passive
"purely active". Treatment which focus on altering	3.	More Active than Passive
the agent or environment to prevent the problem	4.	More passive than active
(i.e., chlorinating the water) are "purely passive".	5.	Control
A treatment is "more passive than active" when it re-	6.	Unspecified

quires a minimal change in behavior or builds on an

<u>ر</u>

Item	Definition and Criteria	Coding Categories
29. Con' t	existing behavior (i.e., taking medication to reduce	
	the risk of an illness); and "more active than	
	passive" if it requires the subject to adopt a new	
	behavior to implement a passive treatment (i.e.,	
	buckling seat belts). The key for coding for	
	activity or passivity of treatment is to decide	
- 79 -	if it is purely active, purely passive or in	
	between. When coding for control <u>always</u> code	
	the activity of the treatment as control.	

.

· · ·

۲ ۲

Ite	<u>em</u>		Definition and Criteria	Coding Categories
30	. Wha	t were the treatment	Indicate the type of treatment used and the extent	00. No Item
	cha	racteristics for Group # 2?	to which the treatment was active or passive.	01. Educational
	74	75	Select no more than three treatment categories. If	02. Informational/Advertising
	76	77	less than three treatments were used, indicate "no	03. Technological
	78	79	item" in remaining columns. If there were less than	04. Pharamacological
	80		two treatment groups used in this study, indicate	05. Legal
-80-			"no group" for first two columns and "no item"	06. Non-Therapy Group Process
			for remaining columns. Identify on coding sheet	07. Psychotherapy
	·		which treatment groups correspond with which item	08. Recreational
			number.	09. Vocational
				10. No Group
				11. Other
				12. Placebo

-**16**-1

'1

Item	Definition and Criteria	Coding Categories
30. Con' t		1. Purely Active
		2. Purely Passive
		3. More Active than Passive
		4. More Passive than Active
		5. No Group
-81-		6. Not Specified
	Indicate the type of treatment used and the extent	00. No Item
characteristics for Group #3?	to which the treatment was active or passive.	01. Educational
81 82	Select no more than three treatment categories. If	02. Informational/Advertising
83 84	less than three treatments were used, indicate "no	03. Technological
85 86	item" in remaining columns. If there were less than	04. Pharmacological
87	three treatment groups used in this study, indicate	05. Legal
	"no group" for first two columns and "no item" for	06. Non-Therapy Group Process

•

• • • •

Item	Definition and Criteria	Coding Categories
31. Con't	remaining columns. Identify on coding sheet which	07. Psychotherapy
	treatment groups corresponds with which item number.	08. Recreational
		09. Vocational
	· · · · · · · · · · · · · · · · · · ·	10. No Group
		11. Other
		12. Placebo
		1. Purely Active
		2. Purely Passive
		3. More Active than Passive
		4. More Passive than Active
		5. No Group
		6. Not Specified

۰,

¢

-82-

.**a**)

•••

Item	Definition and Criteria	Coding Categories
32. What were the treatment	Indicate the type of treatment used and the extent	00. No Item
characteristics for Group #4?	to which the treatment was active or passive.	01. Educational
<u>88</u> 89	Select no more than three treatment categories. if	02. Informational/Advertising
90 9T	less than three treatments were used, indicate "no	03. Technological
92 93	item" in remaining columns. If there were less than	04. Pharmacological
94	four treatment groups used in this study, indicate	05. Legal
ι ω υ	"no group" for first two columns and "no item" for	06. Non-Therapy Group Process
	remaining columns. Identify on coding sheet which	07. Psychotherapy
	treatment groups corresponds with which item	08. Recreational
	number.	09. Vocational
		10. No Group
		11. Other
		12. Placebo

• • •

Ite	m	Definition and Criteria	Coding Categories
32.	Con' t		1. Purely Active
			2. Purely Passive
			3. More Active than Passive
			4. More Passive than Active
			5. No Group
-84-			6. Unspecified
	What were the treatment	Indicate the type of treatment used and the extent	00. No Item
	characteristics for Group #5?	to which the treatment was active or passive.	01. Educational
	95 96	Select no more than three treatment categories. If	02. Informational/Advertising
	97 98	less than three treatments were used, indicate "no	03. Technological
	<u>99</u> 100	item" in remaining columns. If there were less than	04. Pharmacological
	тот	five treatment groups used in this study, indicate	05. Legal
		"no group" for first two columns and "no item" for	06. Non-Therapy Group Process

r4.V

.

.

.

. ۳

h.,

+

Item	Definition and Criteria	Coding Categories
33. Con' t	remaining columns. Identify on coding sheet which	07. Psychotherapy
	treatment groups corresponds with which item number.	08. Recreational
		09. Vocational
		10. No Group
		11. Other
		12. Placebo
- 85 -		1. Purely Active
		2. Purely Passive
		3. More Active than Passive
		4. More Passive than Active
· · ·		5. No Group
		6. Not Specified

الورند

.

*

.

v

M

Item	Definition and Criteria	Coding Categories	
34. Were there more than four	Indicate yes if there were more than four treatment	1. Yes	
(4) treatment groups?	groups.	2. No	
102			
35. What were the outcome	Indicate the outcomes that were measured.	O. No Item	
measures of the treatment?	Select no more than three outcome measures. Indi-	1. Knowledge	
103	cate "O" in remaining columns if less than three	2. Attitudes	
6 TO4	outcome measures were indicated. Physical condition	3. Behavior	
105	includes "accidents" and injuries. Note on code	4. Physical Condition	
	sheet the operational definition of each treatment	5. Mortality	
	outcome measure identified (i.e., knowledge = reading	6. Change in Natural Environment	
	ability). Also, note on code sheet if there are	7. Change in Man-Made Environment	
	more than three outcomes but it is not necessary to		
	stipulate what they are.		

÷

-

a)

Item	Definition and Criteria	Coding Categories
36. How were the treatment out-	Describe the measurement methods used to capture	01. Interviews/Self-Ratings
comes measured?	the outcome variables. Code for categories that	02. Direct Observation/Obstructive
105 107	have reported results. (Check one category only.)	03. Direct Observation/

:

۰

-87-

Unobstructive

04. Other Unobstructive Methods

other than Direct Observation

. . .

.

05. Questionnaires

χ٠

 \checkmark

06. Record Review

07. Knowledge Testing

08. Physiological Testing

09. Psychological Testing

10. Combination of Methods

(Specify)

Item		Definition and Criteria	Coding Categories	
36.	Con' t		11.	0ther
		• •	12.	Not Specified
37.	How were the testers able to	Describe how testers were able to measure that the	1.	Self-Administered Test/
	determine to what extent the	treatment was given, or, if treatment was self-		Questionnaires
	subjects received the treat-	administered, that the treatment was taken. Study	2.	Experimenter Administered/Test
	ment?	must explicitly state that provisions were made to		Questionnaires
-88-	108	verify or measure that subjects received the treat-	3.	Physiólogical Tests
		ment as scheduled.	4.	Record Review
			5.	Personal Interviews
			6.	Observation
			7.	Combination of Methods
			8.	Other
			9.	No Provision was indicated.

e, .

اخد