# Enforcement and Compliance Research Update

**TRB** 

January 2013



# Passenger Carrier Research

Motorcoach Fatigue Study

Safety Performance Study

**Drowsy Driver Mitigation System** 

Ongoing Research





## Motorcoach Driver Fatigue Study

- Determine motorcoach driver duty hours, sleep time, fatigue, and performance within the limits of the current regulations.
  - Motorcoach drivers different operation types.
  - The study assessed the degree to which drivers expose themselves to abnormal work/rest cycles that would restrict sleep and impair performance.



## Motorcoach Driver Fatigue Study

### Methodology:

- Drivers studied for 30 days.
- Personal and health data collected at beginning of study.
- Wore an actigraph continuously.
- Took a 5-minute PVT to measure performance at the beginning and end of each shift.
- Subjective fatigue and sleepiness were rated at the beginning and end of each shift.



# Motorcoach Driver Fatigue Study

### Results

- Drivers in study were Middle-aged, Overweight or Obese and predominately Male.
- No indication drivers are not in sync with normal 24hour cycle.
  - Slightly more than 40 hours per week.
  - Start in morning/early morning.
  - 9-hour shift.
  - Average 8 hours sleep.



# Safety Performance Study: Passenger Carriers and Drivers

- Continuation of a previous study (2001) that analyzed data from more than 6,000 passenger carriers.
- Compared passenger carrier safety data to property carrier safety data.
- Drivers more likely to be involved in a crash:
  - Had a Higher Body Mass Index (BMI).
  - Were Male.
  - Have worked for Many Employers.
  - Generally Better Safety Performance than truck drivers.



# **Drowsy Driver Mitigation System**

- Develop and test a prototype system to unobtrusively detect and alert drowsy, distracted, and aggressive drivers prior to performance degradation.
  - The multi-variable drowsy driver mitigation system (DDMS) combines many indicators of drowsiness and alertness into a composite drowsiness score.
  - Integration of multiple sensors shows promise in monitoring drowsiness.

# Ongoing Passenger Carrier Safety Research

### Spreading of violations

 A research project is examining ways to identify from MCMIS violation data spread across carriers by a driver. (Estimated completion 9/2013)

### Model Motor Coach Driver Curriculum

 Will update based on equipment changes, technological advances, regulatory changes, changes in training methodologies. (Estimated completion 5/2014)

# Medical Review Board Guidelines Motorcoach Drivers

 Assess and characterize the relationship between crash and fatigue in generally healthy motorcoach drivers. (Ongoing)



# **CSA** Analysis

**CSA Effectiveness** 

Crash Weighting



## **CSA Effectiveness**

- CSA has not been evaluated since 2011 UMTRI report on test.
- Did not capture the effectiveness of a national rollout of CSA.
- Conducted ad hoc analyses to measure the program's effectiveness since rollout.

## **CSA Effectiveness**

### Two major tasks:

- Task 1: Update the analysis from the UMTRI study to reflect program performance since national rollout.
- Task 2: Develop new metrics to capture the program's effectiveness.

### **CSA Effectiveness**

- Elements to effectiveness:
  - SMS Effectiveness.
  - Intervention Effectiveness.
  - Overall program effectiveness (Crash reduction).
- Initial analysis complete Mid 2013.
  - Results will be refreshed at regular intervals.

# Crash Weighting

- SMS currently uses all crashes.
- Crash indicator is a good predictor of future crash risk.
- Goal is to better understand the safety benefits of adjusting crash weights in SMS based on the motor carrier's role in the crash (i.e., preventability).
- Analysis complete summer 2013.

# Crash Weighting

#### **Research Questions**

- 1. Do police accident reports (PARs) across the Nation provide sufficient information to support weighting?
- 2. Will a crash weighting determination process offer an even stronger predictor of crash risk?
- 3. How would the Agency manage the process for making crash weight determinations including public input to the process?

https://csa.fmcsa.dot.gov/Documents/CrashWeightingResearchPlan\_7-2012.pdf

### **Enforcement and Compliance Research**

New and sustained research on program effectiveness is a priority

 Focus on Passenger Carrier research will continue throughout 2013 and beyond